

## Supplemental Digital Content (SDC) Table of Contents

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[Glossary of Terms \[Grade Handbook\]](#).....[52](#)

## **Supplemental Digital Content 1. Panel selection & members.**

### ***Guideline leadership***

Guideline leadership consisted of co-chairs (JJ, NB) and co-vice-chairs (MS, EH), supported by a clinician-methodologist (KH) appointed by the GUIDE group at McMaster University in Hamilton, Canada. Selection of the leadership for this guideline and all others is the responsibility of the Society of Critical Care Medicine (SCCM) and American College of Critical Care Medicine (ACCM) Board of Regents (BOR). The BOR follows the rules provided in the SCCM guidelines Standard Operating Procedures Manual (SOP) which is that the BOR identifies two chairs and two co-vice chair subject matter experts for each SCCM-approved guideline. There was a due consideration for diversity, equity and inclusion in the process and particular attention is paid to assuring that expertise is evaluated via submission of the Curriculum Vitae of each candidate. The BOR reviewed declared conflicts of interest (COI) for adjudication prior to appointment using the SCCM COI system.

### ***Panel Selection***

The guideline leadership selected an additional interdisciplinary panel of 15 professional members following the SOP requirements with attention to diversity, equity, and inclusion in the process of panel selection, followed by review by BOR. Panel members were selected based on clinical expertise in glycemic management in the ICU. The panel also included two patient/family advisors who volunteered to participate when asked by a Co-Chair. Each member of the panel completed COI forms before they were officially appointed to the panel and at several additional time points throughout the guideline development process. Panelists served at the discretion of the BOR with ongoing monitoring of COI and performance.

**Supplemental Digital Content 2. ACCM/SCCM Standard Operating Procedures for Conflict of Interest (COI) management.**

SCCM maintains a commitment to trustworthy guidelines through a strict [conflict of interest disclosure and management process](#). There were no disclosures directly related to the PICO questions within this guideline that required individual authors to abstain from voting on any recommendations. Disclosures are collected prior to voting by SCCM through a conflict of interest platform and voting is accomplished using Survey Monkey (<http://www.surveymonkey.com>).

### Supplemental Digital Content 3. Population, Intervention, Comparator, Outcomes (PICO) Questions

| <b>1. Trigger blood glucose for insulin initiation</b>  |  |   |                 |
|---|--|---|-----------------|
| <p>In <b>adult critically ill patients</b>, should we recommend <u>initiating</u> intravenous insulin therapy at a lower glucose threshold 6.1-10 mmol/L (110-180 mg/dL) or higher glucose threshold &gt; 10 mmol/L (&gt; 180 mg/dL)?</p> <p>In <b>pediatric critically ill patients</b>, should we recommend <u>initiating</u> intravenous insulin therapy at a lower glucose threshold 6.1-10 mmol/L (110-180 mg/dL) or higher glucose threshold &gt; 10 mmol/L (&gt; 180 mg/dL)?</p> |  |   |                 |
| <b>Population</b>   | <b>Intervention</b>                          | <b>Comparison</b>                       | <b>Outcomes</b> |
| Adult critically ill patients on insulin therapy  | Initiate insulin infusion when BG 110 to 180 | Initiate insulin infusion when BG > 180 | SDC 4           |
| Pediatric critically ill patients [defined as $\geq$ 42-week corrected GSA to 18 years] on insulin therapy  | Initiate insulin infusion when BG 110 to 180 | Initiate insulin infusion when BG > 180 | SDC 4           |

| <b>2. Intensive versus conventional glucose targets</b>   |                              |                                |                 |
|---|------------------------------|--------------------------------|-----------------|
| <p>In <b>adult critically ill patients</b> on insulin therapy, should we recommend a lower blood glucose <u>target</u> (4.4-7.7 mmol/L or 80-139 mg/dL) <b>or</b> a higher glucose target (7.8-11.1 mmol/L or 140-200 mg/dL)?</p> <p>In <b>pediatric critically ill patients on insulin therapy</b>, should we recommend a lower blood glucose <u>target</u> (4.4-7.7 mmol/L or 80-139 mg/dL) <b>or</b> a higher glucose target (7.8-11.1 mmol/L or 140-200 mg/dL)?</p> |                              |                                |                 |
| <b>Population</b>   | <b>Intervention</b>          | <b>Comparison</b>              | <b>Outcomes</b> |
| Adult critically ill patients on insulin therapy  | Lower BG target 80-139 mg/dL | Higher BG target 140-200 mg/dL | SDC 4           |
| Pediatric critically ill patients [defined as $\geq$ 42-week corrected GSA to 18 years] on insulin therapy  | Lower BG target 80-139 mg/dL | Higher BG target 140-200 mg/dL | SDC 4           |

### 3. Continuous IV infusion versus intermittent subcutaneous insulin

**In the acute management of adult critically ill patients for whom insulin therapy is being initiated**, should we recommend initiating continuous IV insulin infusion **or** intermittent subcutaneous insulin?

**In the acute management of pediatric critically ill patients for whom insulin therapy is being initiated**, should we recommend initiating continuous IV insulin infusion **or** intermittent subcutaneous insulin?

| Population  | Intervention                            | Comparison                        | Outcomes |
|---|---|-----------------------------------|----------|
| Adult critically ill patients for whom insulin therapy is being initiated   | Continuous intravenous insulin infusion | Intermittent subcutaneous insulin | SDC 4    |
| Pediatric critically ill patients [defined as $\geq$ 42-week corrected GSA to 18 years] for whom insulin therapy is being initiated | Continuous intravenous insulin infusion | Intermittent subcutaneous insulin | SDC 4    |

### 4. Frequency of blood glucose monitoring

**In adult critically ill patients on insulin infusion therapy**, should we recommend monitoring of glucose at frequent intervals ( $\leq$  1 hour, continuous or near-continuous) **or** longer intervals ( $>$  1 hour), during the period of glycemic instability?

**In pediatric critically ill patients on insulin infusion therapy**, should we recommend monitoring of glucose at frequent intervals ( $\leq$  1 hour, continuous or near-continuous) **or** longer intervals ( $>$  1 hour), during the period of glycemic instability?

| Population  | Intervention   | Comparison           | Outcomes |
|---|--|----------------------|----------|
| Adult critically ill patients on insulin infusion therapy   | Glucose check interval $\leq$ 1h (including continuous or near continuous) | Glucose check $>$ 1h | SDC 4    |
| Pediatric critically ill patients [defined as $\geq$ 42-week corrected GSA to 18 years] on insulin infusion therapy | Glucose check interval $\leq$ 1h (including continuous or near continuous) | Glucose check $>$ 1h | SDC 4    |

### 5. Use of explicit clinical decision support tool versus standard care

**In adult critically ill patients on insulin infusion therapy**, should we recommend an explicit clinical decision support tool versus a protocol with no explicit clinical support tool for insulin titration?

**In pediatric critically ill patients on insulin therapy**, should we recommend an explicit clinical decision support tool versus a protocol with no explicit clinical support tool for insulin titration?

| Population  | Intervention   | Comparison                                 | Outcomes |
|---|--|--|----------|
| Adult critically ill patients on insulin infusion therapy   | Explicit clinical decision support tool [as defined below] | No explicit clinical decision support tool | SDC 4    |
| Pediatric critically ill patients [defined as $\geq$ 42-week corrected GSA to 18 years] on insulin infusion therapy | Explicit clinical decision support tool [as defined below] | No explicit clinical decision support tool | SDC 4    |

#### Criteria for explicit clinical decision support tool [‘the intervention’]:

- Explicit recommendations (the bedside clinician knows exactly what to do each time) – \*not\* a range of options
- Reproducible actions (the same patient state will get treated the same way)
- Output incorporates > 1 patient-specific input variable (i.e., rate of change, hypoglycemia episodes, nutrition, etc.) and provides > 1 output variable (e.g., timing of next BG)
- Must be OPEN loop – allows for bedside clinician to agree with recommendation or disagree [clinician oversight]

**Note:** Such tools are usually computer-based, but do not have to be for inclusion.

### Supplemental Digital Content 4. Outcome Prioritization

|   |      |
|---|------|
| Hospital mortality                              | 8.71 |
| ICU mortality                                   | 8.53 |
| Developmental Outcomes                          | 8.41 |
| Quality of life                                 | 8.06 |
| Seizures  | 8    |
| Long-term cognitive impairment                  | 7.94 |
| Acute kidney injury requiring dialysis          | 7.35 |
| Return to work/ same work                       | 7.35 |
| Long-term psychological problems                | 7.12 |
| ICU-acquired diabetes mellitus                  | 6.94 |
| ICU length of stay                              | 6.82 |
| Healthcare associated/ surgical site infections | 6.82 |
| Peripheral neurological complications           | 6.76 |
| Bacteremia                                      | 6.65 |
| Delirium  | 6.53 |
| Hospital length of stay                         | 6.47 |
| Hypoglycemic events                             | 6.41 |
| Sleep disorders post-ICU                        | 6.18 |
| Sleep interruptions in ICU                      | 5.47 |
| Blood transfusions                              | 5.29 |
| Hyperglycemia episodes                          | 4.94 |
| Achieving/ maintaining desired glycemic control | 4.59 |
| Nursing workload                                | 4.47 |
| Personal protective equipment utilization       | 3.59 |

n = 19 panelists

**Scores 7-9:** Critical for decision making

**Scores 4-6:** Important, but not critical for decision making

**Scores 1-3:** Not important for decision making/ of lower importance to patients

## Supplemental Digital Content 5. Literature search strategy

### Search Strategy

Embase <1974 to 2021 February 03, search updated on 2023 January 05>, OVID Medline Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily and Ovid MEDLINE(R) 1946 to Present

- 
- 1 exp \*Intensive Care Units/ use ppez
  - 2 exp \*Critical Care/ use ppez
  - 3 \*Critical Illness/ use ppez
  - 4 \*Critical Care Nursing/ use ppez
  - 5 exp \*Newborn intensive care/ or exp \*Intensive care units, pediatric/ or exp \*intensive care units, neonatal/
  - 6 (((acute\* or critical\*) adj2 (ill\* or injur\* or wound\*)) or trauma\*).ti,kf,kw.
  - 7 ((intensive\* or critical\* or neurointensive\* or neuro-intensive\* or neurocritical\* or neuro-critical\*) adj (care or therap\* or treatment\*)).ti,kf,kw.
  - 8 (critical\* or intensive\* or trauma\*).jn.
  - 9 (ICU or MICU or CICU or CVICU or CCU or NICU or SICU or PICU or POCCU or ITU or HDU).ti.
  - 10 (high dependency or coronary care unit\*).ti.
  - 11 exp \*Intensive Care/ use oomezd
  - 12 \*Intensive Care Unit/ use oomezd
  - 13 \*Coronary Care Unit/ use oomezd
  - 14 \*Burn Unit/ use oomezd
  - 15 \*Stroke Unit/ use oomezd
  - 16 or/1-15
  - 17 exp animals/
  - 18 exp animal experimentation/ or exp animal experiment/
  - 19 exp models animal/
  - 20 nonhuman/
  - 21 exp vertebrate/ or exp vertebrates/
  - 22 17 or 18 or 19 or 20 or 21
  - 23 exp humans/
  - 24 exp human experimentation/ or exp human experiment/
  - 25 23 or 24
  - 26 22 not 25
  - 27 16 not 26
  - 28 (Randomized Controlled Trial or Controlled Clinical Trial or Pragmatic Clinical Trial or Equivalence Trial or Clinical Trial, Phase III).pt.
  - 29 Randomized Controlled Trial/
  - 30 exp Randomized Controlled Trials as Topic/
  - 31 "Randomized Controlled Trial (topic)"/
  - 32 Controlled Clinical Trial/
  - 33 exp Controlled Clinical Trials as Topic/
  - 34 "Controlled Clinical Trial (topic)"/
  - 35 Randomization/
  - 36 Random Allocation/
  - 37 Double-Blind Method/
  - 38 Double Blind Procedure/
  - 39 Double-Blind Studies/

40 Single-Blind Method/  
 41 Single Blind Procedure/  
 42 Single-Blind Studies/  
 43 Placebos/  
 44 Placebo/  
 45 Control Groups/  
 46 Control Group/  
 47 (random\* or sham or placebo\*).ti,ab,hw,kf,kw.  
 48 ((singl\* or doubl\*) adj (blind\* or dumm\* or mask\*)).ti,ab,hw,kf,kw.  
 49 ((tripl\* or trebl\*) adj (blind\* or dumm\* or mask\*)).ti,ab,hw,kf,kw.  
 50 (control\* adj3 (study or studies or trial\* or group\*)).ti,ab,kf,kw.  
 51 (Nonrandom\* or non random\* or non-random\* or quasi-random\* or  
 quasirandom\*).ti,ab,hw,kf,kw.  
 52 allocated.ti,ab,hw.  
 53 ((open label or open-label) adj5 (study or studies or trial\*)).ti,ab,hw,kf,kw.  
 54 ((equivalence or superiority or non-inferiority or noninferiority) adj3 (study or studies or  
 trial\*)).ti,ab,hw,kf,kw.  
 55 (pragmatic study or pragmatic studies).ti,ab,hw,kf,kw.  
 56 ((pragmatic or practical) adj3 trial\*).ti,ab,hw,kf,kw.  
 57 ((quasiexperimental or quasi-experimental) adj3 (study or studies or trial\*)).ti,ab,hw,kf,kw.  
 58 (phase adj3 (III or "3") adj3 (study or studies or trial\*)).ti,hw,kf,kw.  
 59 or/28-58  
 60 epidemiologic methods/  
 61 epidemiologic studies/  
 62 observational study/  
 63 observational studies as topic/  
 64 clinical studies as topic/  
 65 controlled before-after studies/  
 66 cross-sectional studies/  
 67 historically controlled study/  
 68 interrupted time series analysis/  
 69 exp seroepidemiologic studies/  
 70 national longitudinal study of adolescent health/  
 71 cohort studies/  
 72 cohort analysis/  
 73 longitudinal studies/  
 74 longitudinal study/  
 75 prospective studies/  
 76 prospective study/  
 77 follow-up studies/  
 78 follow up/  
 79 followup studies/  
 80 retrospective studies/  
 81 retrospective study/  
 82 case-control studies/  
 83 exp case control study/  
 84 cross-sectional study/  
 85 observational study/  
 86 quasi experimental methods/  
 87 quasi experimental study/  
 88 (observational study or validation studies or clinical study).pt.

- 89 (observational adj3 (study or studies or design or analysis or analyses)).ti,ab,kf,kw.  
90 cohort\*.ti,ab,kf,kw.  
91 (prospective adj7 (study or studies or design or analysis or analyses)).ti,ab,kf,kw.  
92 ((follow up or followup) adj7 (study or studies or design or analysis or analyses)).ti,ab,kf,kw.  
93 ((longitudinal or longterm or (long adj term)) adj7 (study or studies or design or analysis or analyses or data)).ti,ab,kf,kw.  
94 (retrospective adj7 (study or studies or design or analysis or analyses or data or review)).ti,ab,kf,kw.  
95 ((case adj control) or (case adj comparison) or (case adj controlled)).ti,ab,kf,kw.  
96 (case-referent adj3 (study or studies or design or analysis or analyses)).ti,ab,kf,kw.  
97 (population adj3 (study or studies or analysis or analyses)).ti,ab,kf,kw.  
98 (descriptive adj3 (study or studies or design or analysis or analyses)).ti,ab,kf,kw.  
99 ((multidimensional or (multi adj dimensional)) adj3 (study or studies or design or analysis or analyses)).ti,ab,kf,kw.  
100 (cross adj sectional adj7 (study or studies or design or research or analysis or analyses or survey or findings)).ti,ab,kf,kw.  
101 ((natural adj experiment) or (natural adj experiments)).ti,ab,kf,kw.  
102 (quasi adj (experiment or experiments or experimental)).ti,ab,kf,kw.  
103 ((non experiment or nonexperiment or non experimental or nonexperimental) adj3 (study or studies or design or analysis or analyses)).ti,ab,kf,kw.  
104 (prevalence adj3 (study or studies or analysis or analyses)).ti,ab,kf,kw.  
105 case series.ti,ab,kf,kw.  
106 case reports.pt.  
107 case report/  
108 case study/  
109 (case adj3 (report or reports or study or studies or histories)).ti,ab,kf,kw.  
110 organizational case studies/  
111 or/60-110  
112 59 or 111  
113 \*glucose blood level/ use oomezd or \*blood glucose/ use ppez or ((blood or serum) adj2 (sugar or glucose)).ti,kf,kw.  
114 (target or level or threshold or trigger or initiate or initiating or initiation or start or control).ti,kw,kf,ab.  
115 \*insulin treatment/ use oomezd or exp \*Insulins/ use ppez or insulin\*.ti,kf,kw.  
116 (27 and 112 and 113 and 114) or (27 and 112 and 114 and 115)  
117 116 use ppez  
118 116 use oomezd  
119 remove duplicates from 116  
120 exp \*intravenous drug administration/ use oomezd or exp \*Administration, Intravenous/ use ppez or intravenous.ti,kf,kw.  
121 27 and 112 and 115 and 120  
122 \*subcutaneous drug administration/ use oomezd or \*Injections, subcutaneous/ use ppez or subcutaneous.ti,kf,kw.  
123 27 and 112 and 115 and 122  
124 121 or 123 (113)  
125 124 use ppez  
126 124 use oomezd  
127 remove duplicates from 124  
128 \*blood glucose monitoring/ use oomezd or \*Blood Glucose Self-Monitoring/ use ppez or ((sugar or glucose or glycemc) adj (monitor\* or control)).ti,kw,kf.  
129 (continuous or intermittent or frequent or continually or interval).ti,ab,kf,kw.

- 130 27 and 112 and 128 and 129  
131 130 use ppez  
132 130 use oomezd  
133 remove duplicates from 130  
134 exp \*decision support system/ use oomezd or \*Decision Support Systems, Clinical/ use ppez  
135 exp \*electronic health record/ use oomezd or exp \*electronic health records/ use ppez  
136 (glucose monitoring system or decision support or system).ti,kf,kw.  
137 (Checks or star or sprint or glucocare or glucommander or glucostabilizer or endotool or grip).ti,kf,kw.  
138 or/134-137  
139 27 and 112 and 113 and 138  
140 139 use ppez  
141 139 use oomezd  
142 remove duplicates from 139  
143 (Accu-Chek Performa or glucometer or blood glucose monitor or blood glucose meter or blood glucose monitoring equipment or Breeze or CGMS or Contourplus elite or Contour Link or Dario or Dexcom or Enlite or Eotvia or Freestyle or G4 Platinum or Glucocard or GlucoDay or glucometer or GlucoWatch or GlucoWatch Biographer or GlucoWatch G2 Biographer or GlySure or iBGStar or iStat or Lhcer or Libre or Navigator or Noref or nova statstrip or OneTouch Ultra or OneTouch or OptiScanner or Optium Xceed or Performa or PGGM or STG-22 or STG-55 or SureStep).ti,ab.  
144 exp \*blood glucose meter/ use oomezd or \*blood glucose self-monitoring/ use ppez or ((sugar or glucose or glycemic) adj (monitor\* or control)).ti,kw,kf.  
145 143 or 144  
146 27 and 145  
147 146 use ppez  
148 146 use oomezd  
149 127 or 133 or 142  
150 remove duplicates from 149  
151 150 or 146  
152 or/116,124,130,139,146

## Supplemental Digital Content 6. Systematic Review Methodology

### 1. Article Selection

We imported the results of the literature search into Covidence.org. A team of reviewers (Kimia Honarmand, Judith Jacobi, Michael Sirimaturus, Jennifer Chen, Ross Prager, Michelle Yee Suet Wong, Sophie Wax, Julia Bidonde, Stephanie A Ross, Janan Aldouhan), independently and in duplicate, screened all titles and abstracts to select potentially relevant articles. The same team of reviewers then performed full-text screening, again independently and in duplicate, to identify eligible articles. We included published articles and abstracts with any *controlled* study design (randomized, cluster-randomized, before-after, case-control, or cohort designs) that presented original data pertaining to each PICO question. We resolved conflicts through consensus or adjudication of a third reviewer as necessary.

### 2. Data Extraction

We extracted data into a pre-formatted data abstraction form on Microsoft Excel. For each included article, we recorded study methodological characteristics, data about the patient population and interventions, and outcome data. Where numerical outcomes were not reported, we summarized the findings as a statement summarizing the direction of the effect. A second reviewer (KH) then confirmed the accuracy and completeness of the data extraction.

### 3. Data Synthesis

The guideline methodologist synthesized the data and generated a GRADE Evidence Profile for each PICO question using the GDT software ([www.GRADEPRO.com](http://www.GRADEPRO.com)). All meta-analyses were performed using DataParty (DataParty Inc., Hamilton, Ontario, Canada. Available at <https://dataparty.ca>), a novel web-based meta-analysis platform, using a random-effects model to pool the estimate of effects across eligible studies. For binary outcomes, we reported risk ratio (RR) with accompanying 95% confidence interval (CI) and for continuous outcomes, we reported mean difference with 95% CI. We assessed statistical heterogeneity using Chi-squared and I-squared tests. Where reported data were insufficient for meta-analysis, we synthesized the evidence narratively.

## Supplemental Digital Content 7. Grading of Recommendations Assessment, Development, and Evaluation Approach (GRADE) Methodology

### 1. Certainty in the Evidence

Using GRADE methodology, we determined the overall certainty in the evidence for each outcome using 5 domains:

1. **Risk of bias:** Describe the risk of bias based on the criteria used in the risk-of-bias table.
2. **Inconsistency:** Describe the degree of inconsistency by outcome using one or more indicators (e.g., I<sup>2</sup> and P value), confidence interval overlap, difference in point estimate, between-study variance.
3. **Indirectness:** Describe if the majority of studies address the PICO – were they similar to the question posed?
4. **Imprecision:** Describe the number of events, and width of the confidence intervals.
5. **Other factors:** Publication bias, presence of a dose-response relationship, magnitude of the effect, assessment of the effect of plausible residual confounding or bias.

Randomized controlled trials were initially designated as ‘high’ certainty evidence, which could then be downgraded based on the assessment of the above 5 domains. Non-randomized studies were initially designated as ‘low’ certainty evidence, which could then be upgraded or further downgraded based on the assessment of the same 5 domains.

The GRADE approach then categorizes each outcome into four level of certainty:

- **High:** ‘We are very confident that the true effect lies close to that of the estimate of the effect.’
- **Moderate:** ‘We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of that effect, but there is a possibility that it is substantially different.’
- **Low:** ‘Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect.’
- **Very Low:** ‘We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect.’

### 2. GRADE Evidence-to-Decision Framework

For each PICO question, the panel held one or more web-based meetings, facilitated by Zoom video conferencing platform hosted by SCCM, to review the Evidence Profile and work through the GRADE Evidence-to-Decision (EtD) framework, and generate a recommendation. The EtD incorporates panel judgment across 12 domains:

1. Priority of the problem
2. Desirable effects of the intervention
3. Undesirable effects of the intervention
4. Certainty in the evidence
5. Value (i.e., how much people value the main outcomes)
6. Balance of desirable and undesirable effects
7. Resources required for the intervention
8. Certainty in the evidence of required resources, if available
9. Cost-effectiveness of the intervention

10. Impact of the intervention on health equity
11. Acceptability of the intervention to key stakeholders
12. Feasibility in implementing the intervention

### **3. Generating Recommendations**

After reviewing the Evidence Profile and discussing each domain of the EtD, the panel generated a recommendation statement, either for or against the intervention, categorized either as strong or conditional. As per GRADE convention, strong recommendations are phrased as “We recommend...” and conditional recommendations as “We suggest...”. The implications of each recommendation’s strengths for patients, clinicians, and policy-makers are shown in **Table 1**.

### Supplemental Digital Content 8. Voting outcomes

18 panel members completed a web-based poll to indicate their agreement with each recommendation from three response choices: 'Agree', 'Disagree', or 'Abstain'. Each panel member was encouraged to provide comments to explain their response choice. As per SCCM requirements, consensus was defined as 80% agreement among at least 75% of panel members, excluding those who abstained.

| PICO                        | Agree (%) | Disagree (%) | Abstain (%) | Comments   |
|-----------------------------|-----------|--------------|-------------|--|
| <b>Adult Population</b>     |           |              |             |  |
| PICO 1                      | 100       | 0            | 0           |  |
| PICO 2                      | 88.89     | 5.56         | 5.56        |  |
| PICO 3                      | 100       | 0            | 0           |  |
| PICO 4                      | 100       | 0            | 0           |  |
| PICO 5                      | 100       | 0            | 0           |  |
| <b>Pediatric Population</b> |           |              |             |  |
| PICO 1                      | 83.3      | 0            | 16.7        | Some members abstained due to lack of expertise in the care of pediatric patients. |
| PICO 2                      | 88.9      | 0            | 11.1        |  |
| PICO 3                      | 88.9      | 0            | 11.1        |  |
| PICO 4                      | 88.9      | 0            | .1          |  |
| PICO 5                      | 94.4      | 0            | 5.6         |  |

**Supplemental Digital Content 9. Evidence Profiles & Evidence-to-Decision Framework for Critically Ill Adults**

**Glycemic Control in Critically Ill Adults**

**SDC 9-2.** Intensive versus conventional glucose targets in critically ill adults

**Question.** Should insulin therapy be titrated to achieve intensive glucose levels (INT) (glucose 4.4-7.7 mmol/L or 80-139 mg/dL) or conventional glucose levels (CONV) (7.8-11.1 mmol/L or 140-200 mg/dL) critically ill adults?

**SDC 9-2A. Evidence Profile.** Intensive versus conventional glucose targets in critically ill *adults*

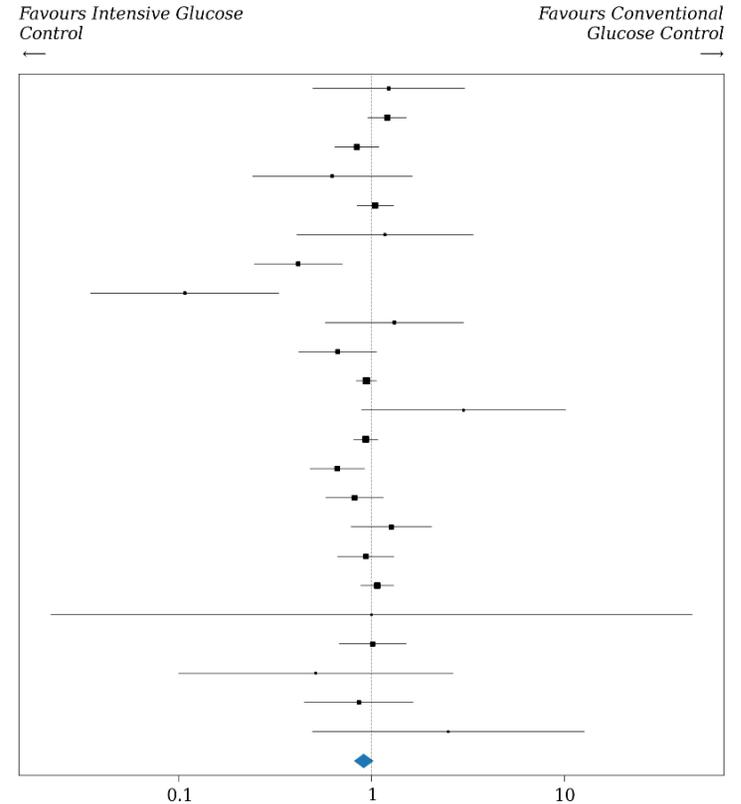
| Certainty assessment   |                   |              |               |              |             |                      | № of patients             |                              | Effect                    |   | Certainty        | Importance |
|--|-------------------|--------------|---------------|--------------|-------------|----------------------|---------------------------|------------------------------|---------------------------|---|------------------|------------|
| № of studies   | Study design      | Risk of bias | Inconsistency | Indirectness | Imprecision | Other considerations | intensive glucose control | conventional glucose control | Relative (95% CI)         | Absolute (95% CI)                                 |                  |            |
| <b>Hospital mortality</b>                                    |                   |              |               |              |             |                      |                           |                              |                           |   |                  |            |
| 23   | randomised trials | not serious  | serious       | not serious  | not serious | none                 | 1298/4989 (26.0%)         | 1387/4994 (27.8%)            | RR 0.91<br>(0.81 to 1.02) | 25 fewer per 1,000<br>(from 53 fewer to 6 more)   | ⊕⊕⊕○<br>Moderate | CRITICAL   |
| <b>ICU mortality</b>   |                   |              |               |              |             |                      |                           |                              |                           |   |                  |            |
| 18   | randomised trials | not serious  | not serious   | not serious  | not serious | none                 | 1341/5069 (26.5%)         | 1343/4978 (27.0%)            | RR 0.97<br>(0.91 to 1.03) | 8 fewer per 1,000<br>(from 24 fewer to 8 more)    | ⊕⊕⊕⊕<br>High     | CRITICAL   |
| <b>Unfavorable neurological outcome - Neuro-ICU subgroup</b> |                   |              |               |              |             |                      |                           |                              |                           |   |                  |            |
| 6  | randomised trials | serious      | not serious   | not serious  | not serious | none                 | 296/635 (46.6%)           | 326/622 (52.4%)              | RR 0.89<br>(0.80 to 0.99) | 58 fewer per 1,000<br>(from 105 fewer to 5 fewer) | ⊕⊕⊕○<br>Moderate | CRITICAL   |
| <b>Any infection</b>   |                   |              |               |              |             |                      |                           |                              |                           |   |                  |            |
| 24   | randomised trials | not serious  | serious       | not serious  | not serious | none                 | 1134/7822 (14.5%)         | 1280/7778 (16.5%)            | RR 0.79<br>(0.68 to 0.91) | 35 fewer per 1,000<br>(from 53 fewer to 15 fewer) | ⊕⊕⊕○<br>Moderate | CRITICAL   |
| <b>Surgical site infections</b>                              |                   |              |               |              |             |                      |                           |                              |                           |   |                  |            |
| 4  | randomised trials | not serious  | not serious   | not serious  | not serious | none                 | 20/518 (3.9%)             | 34/529 (6.4%)                | RR 0.61<br>(0.35 to 1.09) | 25 fewer per 1,000<br>(from 42 fewer to 6 more)   | ⊕⊕⊕⊕<br>High     | CRITICAL   |
| <b>Severe hypoglycemia</b>                                   |                   |              |               |              |             |                      |                           |                              |                           |   |                  |            |
| 29   | randomised trials | not serious  | serious       | not serious  | not serious | strong association   | 1119/8574 (13.1%)         | 356/8604 (4.1%)              | RR 3.75<br>(2.38 to 5.90) | 114 more per 1,000<br>(from 57 more to 203 more)  | ⊕⊕⊕○<br>Moderate | CRITICAL   |
| <b>ICU length of stay</b>                                    |                   |              |               |              |             |                      |                           |                              |                           |   |                  |            |
| 25   | randomised trials | serious      | serious       | not serious  | not serious | none                 | 6475                      | 6534                         | -                         | MD 0.48 days lower<br>(0.82 lower to 0.14 lower)  | ⊕⊕○○<br>Low      | CRITICAL   |

SDC 9-2B. Forest Plots. Intensive versus conventional glucose targets in critically ill adults

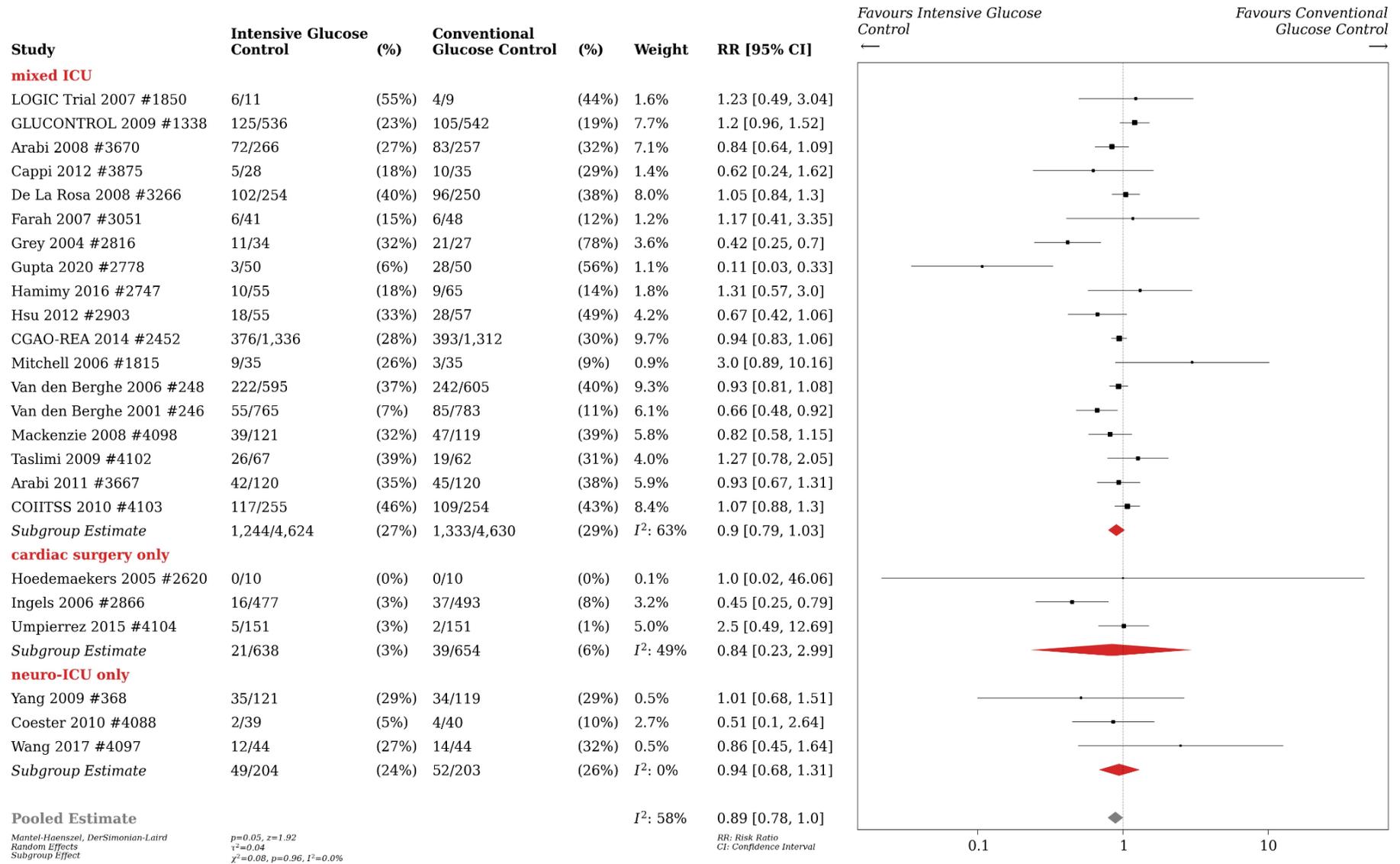
Hospital Mortality - all groups

| Study                    | Intensive Glucose Control (%) | Conventional Glucose Control (%) | Weight                    | RR [95% CI]              |
|--------------------------|-------------------------------|----------------------------------|---------------------------|--------------------------|
| LOGIC Trial 2007 #1850   | 6/11 (55%)                    | 4/9 (44%)                        | 1.5%                      | 1.23 [0.49, 3.04]        |
| GLUCONTROL 2009 #1338    | 125/536 (23%)                 | 105/542 (19%)                    | 8.2%                      | 1.2 [0.96, 1.52]         |
| Arabi 2008 #3670         | 72/266 (27%)                  | 83/257 (32%)                     | 7.4%                      | 0.84 [0.64, 1.09]        |
| Cappi 2012 #3875         | 5/28 (18%)                    | 10/35 (29%)                      | 1.4%                      | 0.62 [0.24, 1.62]        |
| De La Rosa 2008 #3266    | 102/254 (40%)                 | 96/250 (38%)                     | 8.5%                      | 1.05 [0.84, 1.3]         |
| Farah 2007 #3051         | 6/41 (15%)                    | 6/48 (12%)                       | 1.1%                      | 1.17 [0.41, 3.35]        |
| Grey 2004 #2816          | 11/34 (32%)                   | 21/27 (78%)                      | 3.5%                      | 0.42 [0.25, 0.7]         |
| Gupta 2020 #2778         | 3/50 (6%)                     | 28/50 (56%)                      | 1.0%                      | 0.11 [0.03, 0.33]        |
| Hamimy 2016 #2747        | 10/55 (18%)                   | 9/65 (14%)                       | 1.7%                      | 1.31 [0.57, 3.0]         |
| Hsu 2012 #2903           | 18/55 (33%)                   | 28/57 (49%)                      | 4.2%                      | 0.67 [0.42, 1.06]        |
| CGAO-REA 2014 #2452      | 376/1,336 (28%)               | 393/1,312 (30%)                  | 10.6%                     | 0.94 [0.83, 1.06]        |
| Mitchell 2006 #1815      | 9/35 (26%)                    | 3/35 (9%)                        | 0.9%                      | 3.0 [0.89, 10.16]        |
| Van den Berghe 2006 #248 | 222/595 (37%)                 | 242/605 (40%)                    | 10.1%                     | 0.93 [0.81, 1.08]        |
| Van den Berghe 2001 #246 | 55/765 (7%)                   | 85/783 (11%)                     | 6.3%                      | 0.66 [0.48, 0.92]        |
| Mackenzie 2008 #4098     | 39/121 (32%)                  | 47/119 (39%)                     | 6.0%                      | 0.82 [0.58, 1.15]        |
| Taslimi 2009 #4102       | 26/67 (39%)                   | 19/62 (31%)                      | 4.0%                      | 1.27 [0.78, 2.05]        |
| Arabi 2011 #3667         | 42/120 (35%)                  | 45/120 (38%)                     | 6.0%                      | 0.93 [0.67, 1.31]        |
| COIITSS 2010 #4103       | 117/255 (46%)                 | 109/254 (43%)                    | 9.0%                      | 1.07 [0.88, 1.3]         |
| Hoedemaekers 2005 #2620  | 0/10 (0%)                     | 0/10 (0%)                        | 0.1%                      | 1.0 [0.02, 46.06]        |
| Yang 2009 #368           | 35/121 (29%)                  | 34/119 (29%)                     | 5.0%                      | 1.01 [0.68, 1.51]        |
| Coester 2010 #4088       | 2/39 (5%)                     | 4/40 (10%)                       | 0.5%                      | 0.51 [0.1, 2.64]         |
| Wang 2017 #4097          | 12/44 (27%)                   | 14/44 (32%)                      | 2.6%                      | 0.86 [0.45, 1.64]        |
| Umpierrez 2015 #4104     | 5/151 (3%)                    | 2/151 (1%)                       | 0.5%                      | 2.5 [0.49, 12.69]        |
| <b>Pooled Estimate</b>   | <b>1,298/4,989 (26%)</b>      | <b>1,387/4,994 (28%)</b>         | <b>I<sup>2</sup>: 54%</b> | <b>0.91 [0.81, 1.02]</b> |

Mantel-Haenszel, DerSimonian-Laird  
Random Effects  
p=0.12, z=1.57  
τ<sup>2</sup>=0.03



**Hospital Mortality - by subgroup**

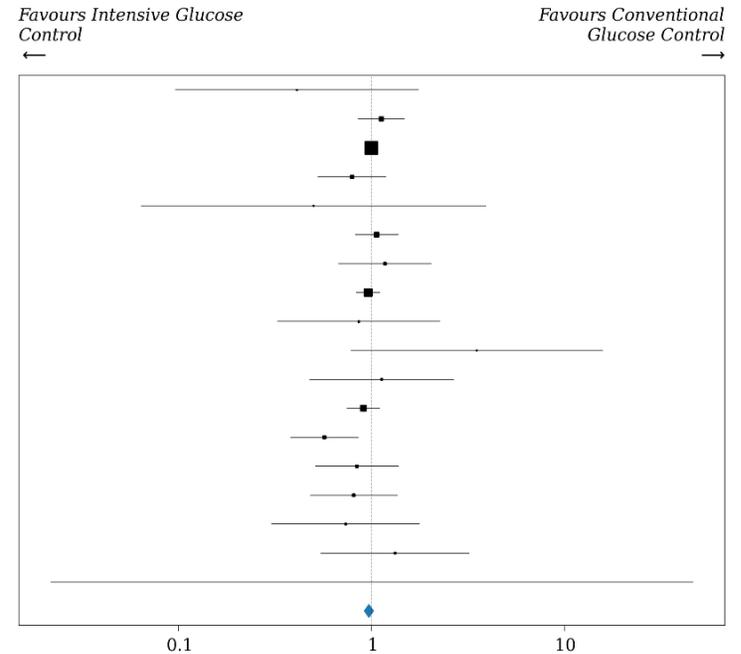


### ICU Mortality - all groups

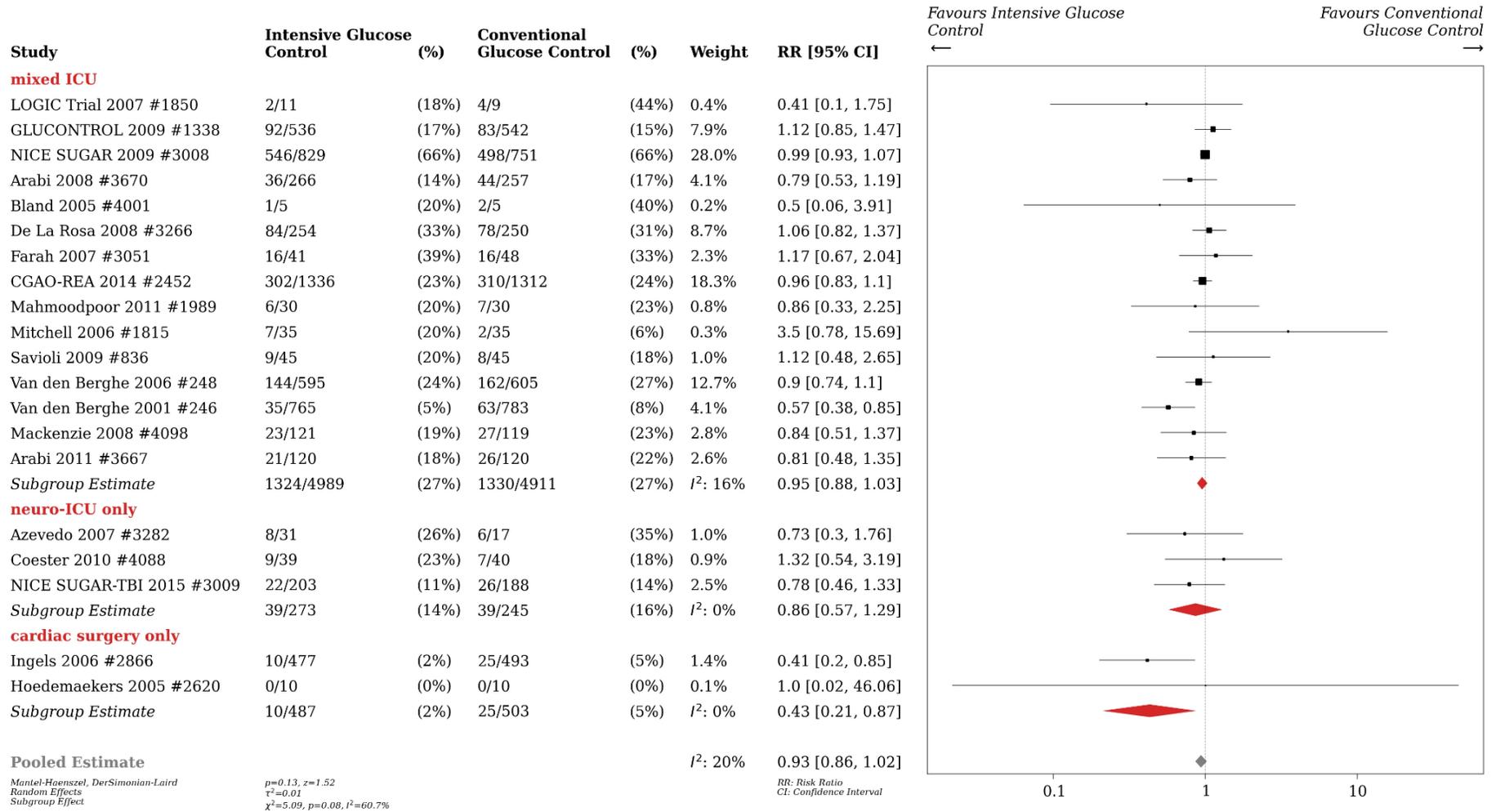
| Study                    | Intensive Glucose Control (%) | Conventional Glucose Control (%) | Weight                   | RR [95% CI]              |
|--------------------------|-------------------------------|----------------------------------|--------------------------|--------------------------|
| LOGIC Trial 2007 #1850   | 2/11 (18%)                    | 4/9 (44%)                        | 0.2%                     | 0.41 [0.1, 1.75]         |
| GLUCONTROL 2009 #1338    | 92/536 (17%)                  | 83/542 (15%)                     | 5.0%                     | 1.12 [0.85, 1.47]        |
| NICE SUGAR 2009 #3008    | 546/829 (66%)                 | 498/751 (66%)                    | 51.4%                    | 0.99 [0.93, 1.07]        |
| Arabi 2008 #3670         | 36/266 (14%)                  | 44/257 (17%)                     | 2.3%                     | 0.79 [0.53, 1.19]        |
| Bland 2005 #4001         | 1/5 (20%)                     | 2/5 (40%)                        | 0.1%                     | 0.5 [0.06, 3.91]         |
| De La Rosa 2008 #3266    | 84/254 (33%)                  | 78/250 (31%)                     | 5.7%                     | 1.06 [0.82, 1.37]        |
| Farah 2007 #3051         | 16/41 (39%)                   | 16/48 (33%)                      | 1.2%                     | 1.17 [0.67, 2.04]        |
| CGAO-REA 2014 #2452      | 302/1336 (23%)                | 310/1312 (24%)                   | 17.4%                    | 0.96 [0.83, 1.1]         |
| Mahmoodpoor 2011 #1989   | 6/30 (20%)                    | 7/30 (23%)                       | 0.4%                     | 0.86 [0.33, 2.25]        |
| Mitchell 2006 #1815      | 7/35 (20%)                    | 2/35 (6%)                        | 0.2%                     | 3.5 [0.78, 15.69]        |
| Savioli 2009 #836        | 9/45 (20%)                    | 8/45 (18%)                       | 0.5%                     | 1.12 [0.48, 2.65]        |
| Van den Berghe 2006 #248 | 144/595 (24%)                 | 162/605 (27%)                    | 9.5%                     | 0.9 [0.74, 1.1]          |
| Van den Berghe 2001 #246 | 35/765 (5%)                   | 63/783 (8%)                      | 2.3%                     | 0.57 [0.38, 0.85]        |
| Mackenzie 2008 #4098     | 23/121 (19%)                  | 27/119 (23%)                     | 1.5%                     | 0.84 [0.51, 1.37]        |
| Arabi 2011 #3667         | 21/120 (18%)                  | 26/120 (22%)                     | 1.4%                     | 0.81 [0.48, 1.35]        |
| Azevedo 2007 #3282       | 8/31 (26%)                    | 6/17 (35%)                       | 0.5%                     | 0.73 [0.3, 1.76]         |
| Coester 2010 #4088       | 9/39 (23%)                    | 7/40 (18%)                       | 0.5%                     | 1.32 [0.54, 3.19]        |
| Hoedemaekers 2005 #2620  | 0/10 (0%)                     | 0/10 (0%)                        | 0.0%                     | 1.0 [0.02, 46.06]        |
| <b>Pooled Estimate</b>   | <b>1341/5069 (26%)</b>        | <b>1343/4978 (27%)</b>           | <b>I<sup>2</sup>: 3%</b> | <b>0.97 [0.91, 1.03]</b> |

Mantel-Haenszel, DerSimonian-Laird  
Random Effects  
p=0.27, z=1.09  
τ<sup>2</sup>=0.00

RR: Risk Ratio  
CI: Confidence Interval



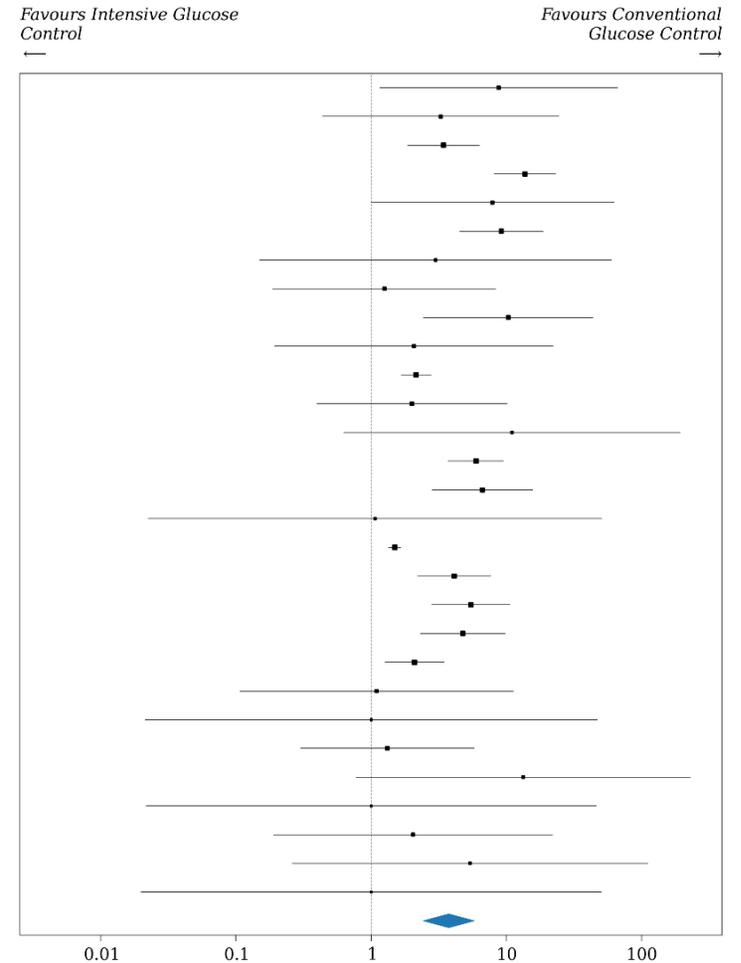
### ICU Mortality - by subgroup



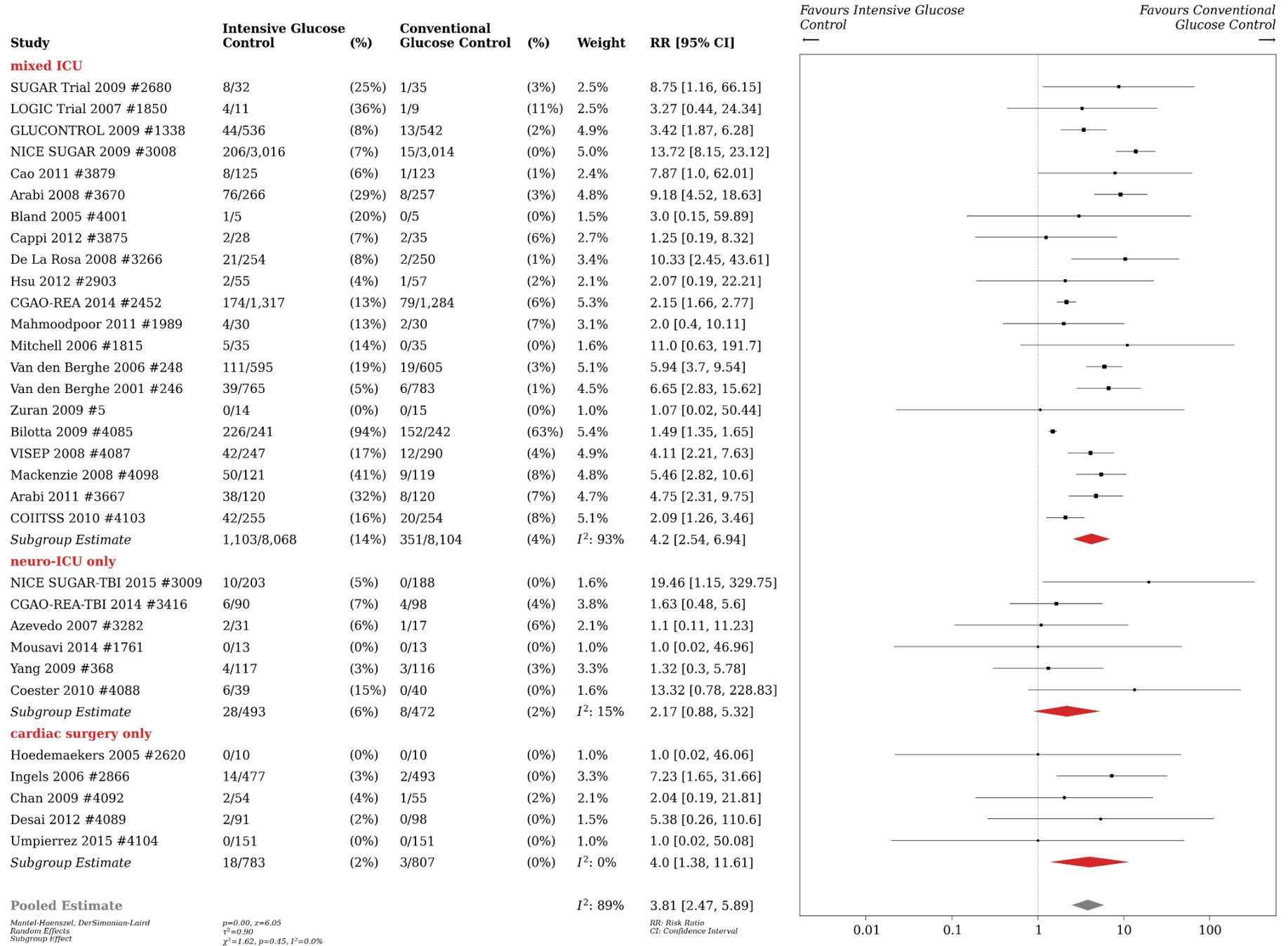
Severe Hypoglycemia [ $< 2.2$  mmol/L or  $< 40$  mg/dL] - all groups

| Study                    | Intensive Glucose Control (%) | Conventional Glucose Control (%) | Weight                    | RR [95% CI]             |
|--------------------------|-------------------------------|----------------------------------|---------------------------|-------------------------|
| SUGAR Trial 2009 #2680   | 8/32 (25%)                    | 1/35 (3%)                        | 2.7%                      | 8.75 [1.16, 66.15]      |
| LOGIC Trial 2007 #1850   | 4/11 (36%)                    | 1/9 (11%)                        | 2.8%                      | 3.27 [0.44, 24.34]      |
| GLUCONTROL 2009 #1338    | 44/536 (8%)                   | 13/542 (2%)                      | 5.4%                      | 3.42 [1.87, 6.28]       |
| NICE SUGAR 2009 #3008    | 206/3,016 (7%)                | 15/3,014 (0%)                    | 5.5%                      | 13.72 [8.15, 23.12]     |
| Cao 2011 #3879           | 8/125 (6%)                    | 1/123 (1%)                       | 2.7%                      | 7.87 [1.0, 62.01]       |
| Arabi 2008 #3670         | 76/266 (29%)                  | 8/257 (3%)                       | 5.2%                      | 9.18 [4.52, 18.63]      |
| Bland 2005 #4001         | 1/5 (20%)                     | 0/5 (0%)                         | 1.7%                      | 3.0 [0.15, 59.89]       |
| Cappi 2012 #3875         | 2/28 (7%)                     | 2/35 (6%)                        | 2.9%                      | 1.25 [0.19, 8.32]       |
| De La Rosa 2008 #3266    | 21/254 (8%)                   | 2/250 (1%)                       | 3.7%                      | 10.33 [2.45, 43.61]     |
| Hsu 2012 #2903           | 2/55 (4%)                     | 1/57 (2%)                        | 2.3%                      | 2.07 [0.19, 22.21]      |
| CGAO-REA 2014 #2452      | 174/1,317 (13%)               | 79/1,284 (6%)                    | 5.9%                      | 2.15 [1.66, 2.77]       |
| Mahmoodpoor 2011 #1989   | 4/30 (13%)                    | 2/30 (7%)                        | 3.4%                      | 2.0 [0.4, 10.11]        |
| Mitchell 2006 #1815      | 5/35 (14%)                    | 0/35 (0%)                        | 1.8%                      | 11.0 [0.63, 191.7]      |
| Van den Berghe 2006 #248 | 111/595 (19%)                 | 19/605 (3%)                      | 5.6%                      | 5.94 [3.7, 9.54]        |
| Van den Berghe 2001 #246 | 39/765 (5%)                   | 6/783 (1%)                       | 4.9%                      | 6.65 [2.83, 15.62]      |
| Zuran 2009 #5            | 0/14 (0%)                     | 0/15 (0%)                        | 1.1%                      | 1.07 [0.02, 50.44]      |
| Bilotta 2009 #4085       | 226/241 (94%)                 | 152/242 (63%)                    | 5.9%                      | 1.49 [1.35, 1.65]       |
| VISEP 2008 #4087         | 42/247 (17%)                  | 12/290 (4%)                      | 5.4%                      | 4.11 [2.21, 7.63]       |
| Mackenzie 2008 #4098     | 50/121 (41%)                  | 9/119 (8%)                       | 5.3%                      | 5.46 [2.82, 10.6]       |
| Arabi 2011 #3667         | 38/120 (32%)                  | 8/120 (7%)                       | 5.2%                      | 4.75 [2.31, 9.75]       |
| COHITSS 2010 #4103       | 42/255 (16%)                  | 20/254 (8%)                      | 5.6%                      | 2.09 [1.26, 3.46]       |
| Azevedo 2007 #3282       | 2/31 (6%)                     | 1/17 (6%)                        | 2.3%                      | 1.1 [0.11, 11.23]       |
| Mousavi 2014 #1761       | 0/13 (0%)                     | 0/13 (0%)                        | 1.1%                      | 1.0 [0.02, 46.96]       |
| Yang 2009 #368           | 4/117 (3%)                    | 3/116 (3%)                       | 3.7%                      | 1.32 [0.3, 5.78]        |
| Coester 2010 #4088       | 6/39 (15%)                    | 0/40 (0%)                        | 1.8%                      | 13.32 [0.78, 228.83]    |
| Hoedemaekers 2005 #2620  | 0/10 (0%)                     | 0/10 (0%)                        | 1.1%                      | 1.0 [0.02, 46.06]       |
| Chan 2009 #4092          | 2/54 (4%)                     | 1/55 (2%)                        | 2.3%                      | 2.04 [0.19, 21.81]      |
| Desai 2012 #4089         | 2/91 (2%)                     | 0/98 (0%)                        | 1.6%                      | 5.38 [0.26, 110.6]      |
| Umpierrez 2015 #4104     | 0/151 (0%)                    | 0/151 (0%)                       | 1.1%                      | 1.0 [0.02, 50.08]       |
| <b>Pooled Estimate</b>   | <b>1,119/8,574 (13%)</b>      | <b>356/8,604 (4%)</b>            | <b>I<sup>2</sup>: 90%</b> | <b>3.75 [2.38, 5.9]</b> |

Mantel-Haenszel, DerSimonian-Laird  
Random Effects  
p=0.00, z=5.70  
I<sup>2</sup>=90.00



Severe Hypoglycemia [ $< 2.2$  mmol/L or  $< 40$  mg/dL] - by subgroup



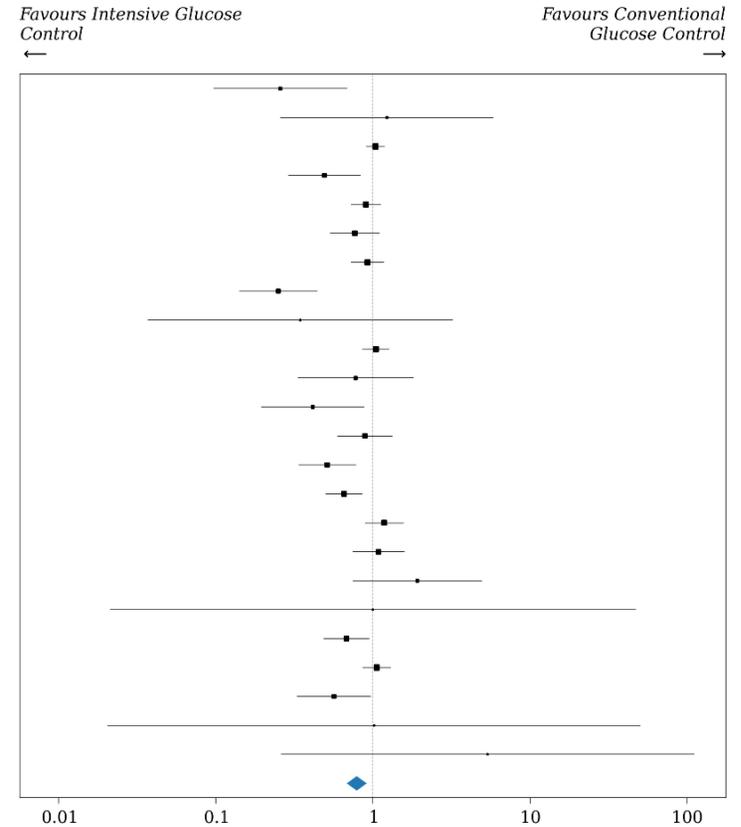
**Any infections [No. of patients] - all groups**

| Study                    | Intensive Glucose Control | (%)          | Conventional Glucose Control | (%)          | Weight                    | RR [95% CI]              |
|--------------------------|---------------------------|--------------|------------------------------|--------------|---------------------------|--------------------------|
| SUGAR Trial 2009 #2680   | 4/32                      | (12%)        | 17/35                        | (49%)        | 1.8%                      | 0.26 [0.1, 0.68]         |
| LOGIC Trial 2007 #1850   | 3/11                      | (27%)        | 2/9                          | (22%)        | 0.8%                      | 1.23 [0.26, 5.82]        |
| NICE SUGAR 2009 #3008    | 387/3014                  | (13%)        | 372/3011                     | (12%)        | 8.0%                      | 1.04 [0.91, 1.19]        |
| Cao 2011 #3879           | 17/125                    | (14%)        | 34/123                       | (28%)        | 4.1%                      | 0.49 [0.29, 0.83]        |
| Arabi 2008 #3670         | 98/266                    | (37%)        | 105/257                      | (41%)        | 7.3%                      | 0.9 [0.73, 1.12]         |
| De La Rosa 2008 #3266    | 43/254                    | (17%)        | 55/250                       | (22%)        | 5.7%                      | 0.77 [0.54, 1.1]         |
| Farah 2007 #3051         | 30/41                     | (73%)        | 38/48                        | (79%)        | 7.0%                      | 0.92 [0.73, 1.17]        |
| Gupta 2020 #2778         | 10/50                     | (20%)        | 40/50                        | (80%)        | 3.7%                      | 0.25 [0.14, 0.44]        |
| Hsu 2012 #2903           | 1/55                      | (2%)         | 3/57                         | (5%)         | 0.4%                      | 0.35 [0.04, 3.22]        |
| CGAO-REA 2014 #2452      | 183/1335                  | (14%)        | 172/1311                     | (13%)        | 7.5%                      | 1.04 [0.86, 1.27]        |
| Mahmoodpoor 2011 #1989   | 7/30                      | (23%)        | 9/30                         | (30%)        | 2.2%                      | 0.78 [0.33, 1.82]        |
| Okabayashi 2014 #1121    | 9/222                     | (4%)         | 22/225                       | (10%)        | 2.6%                      | 0.41 [0.2, 0.88]         |
| Van den Berghe 2006 #248 | 42/595                    | (7%)         | 48/605                       | (8%)         | 5.3%                      | 0.89 [0.6, 1.33]         |
| Van den Berghe 2001 #246 | 32/783                    | (4%)         | 61/765                       | (8%)         | 5.1%                      | 0.51 [0.34, 0.78]        |
| Bilotta 2009 #4085       | 62/241                    | (26%)        | 95/242                       | (39%)        | 6.7%                      | 0.66 [0.5, 0.85]         |
| Arabi 2011 #3667         | 59/120                    | (49%)        | 50/120                       | (42%)        | 6.6%                      | 1.18 [0.89, 1.56]        |
| COIITSS 2010 #4103       | 47/255                    | (18%)        | 43/254                       | (17%)        | 5.5%                      | 1.09 [0.75, 1.58]        |
| Azevedo 2007 #3282       | 14/31                     | (45%)        | 4/17                         | (24%)        | 1.9%                      | 1.92 [0.75, 4.92]        |
| Mousavi 2014 #1761       | 0/13                      | (0%)         | 0/13                         | (0%)         | 0.1%                      | 1.0 [0.02, 46.96]        |
| Yang 2009 #368           | 38/121                    | (31%)        | 55/119                       | (46%)        | 6.0%                      | 0.68 [0.49, 0.94]        |
| Coester 2010 #4088       | 33/39                     | (85%)        | 32/40                        | (80%)        | 7.4%                      | 1.06 [0.86, 1.3]         |
| Wang 2017 #4097          | 13/44                     | (30%)        | 23/44                        | (52%)        | 4.0%                      | 0.57 [0.33, 0.97]        |
| Chan 2009 #4092          | 0/54                      | (0%)         | 0/55                         | (0%)         | 0.1%                      | 1.02 [0.02, 50.42]       |
| Desai 2012 #4089         | 2/91                      | (2%)         | 0/98                         | (0%)         | 0.2%                      | 5.38 [0.26, 110.6]       |
| <b>Pooled Estimate</b>   | <b>1134/7822</b>          | <b>(14%)</b> | <b>1280/7778</b>             | <b>(16%)</b> | <b>I<sup>2</sup>: 68%</b> | <b>0.79 [0.68, 0.91]</b> |

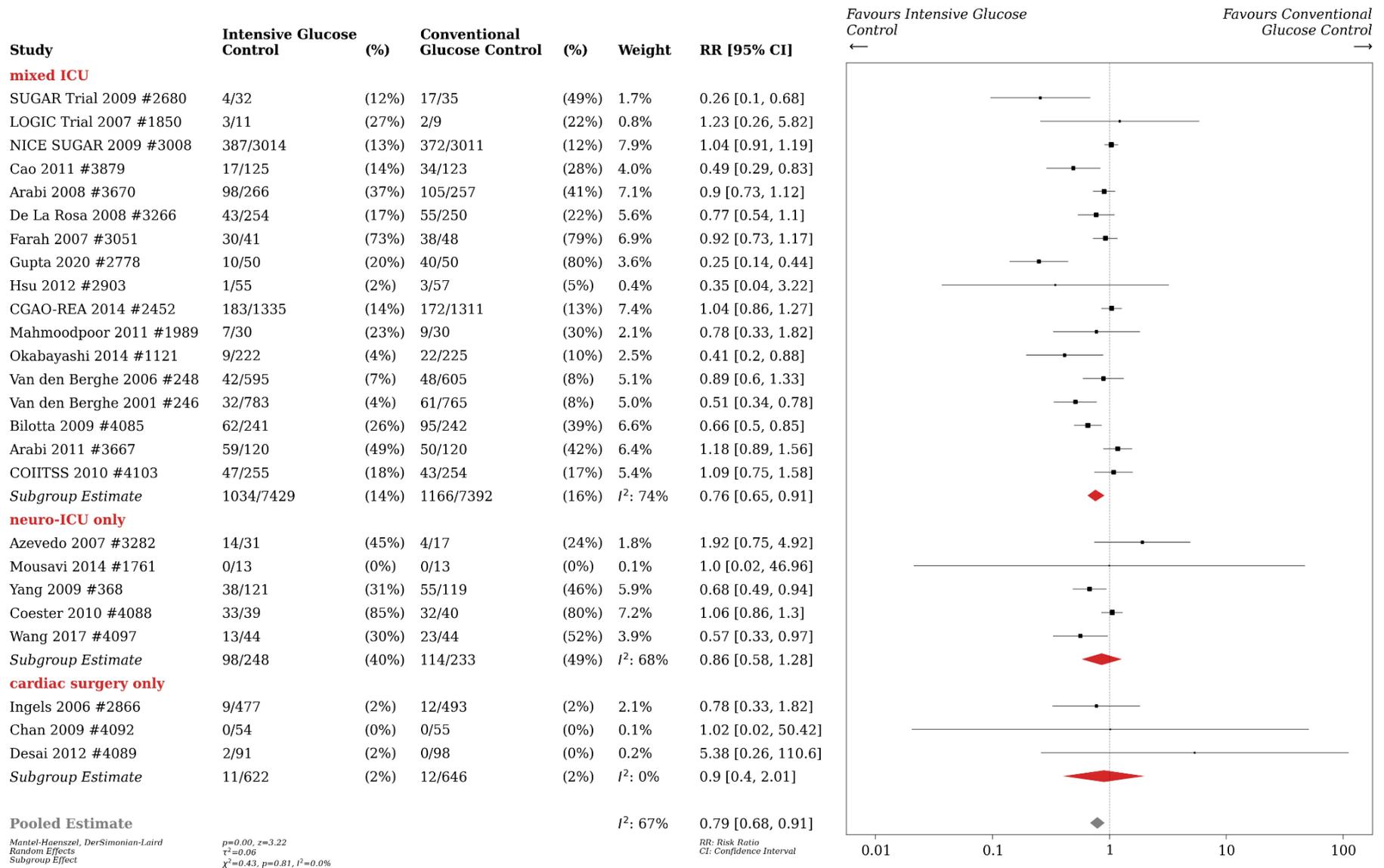
Mantel-Haenszel, DerSimonian-Laird  
Random Effects

$p=0.00, z=3.16$   
 $\tau^2=0.06$

RR: Risk Ratio  
CI: Confidence Interval



Any infections [No. of patients] - by subgroup

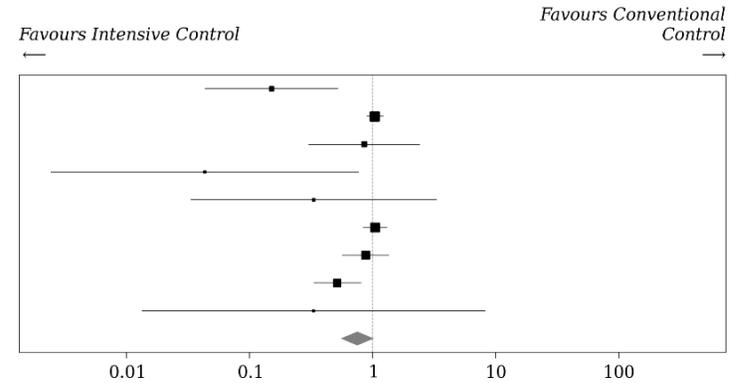


**Bacteremia - All groups**

| Study                    | Intensive Control | (%)          | Conventional Control | (%)          | Weight | OR [95% CI]              |
|--------------------------|-------------------|--------------|----------------------|--------------|--------|--------------------------|
| SUGAR Trial 2009 #2680   | 4/32              | (12%)        | 17/35                | (49%)        | 5.1%   | 0.15 [0.04, 0.52]        |
| NICE SUGAR 2009 #3008    | 387/3,014         | (13%)        | 372/3,011            | (12%)        | 25.4%  | 1.05 [0.9, 1.22]         |
| De La Rosa 2008 #3266    | 7/254             | (3%)         | 8/250                | (3%)         | 6.8%   | 0.86 [0.31, 2.4]         |
| Gupta 2020 #2778         | 0/50              | (0%)         | 9/50                 | (18%)        | 1.1%   | 0.04 [0.0, 0.77]         |
| Hsu 2012 #2903           | 1/55              | (2%)         | 3/57                 | (5%)         | 1.7%   | 0.33 [0.03, 3.31]        |
| CGAO-REA 2014 #2452      | 183/1,335         | (14%)        | 172/1,311            | (13%)        | 23.7%  | 1.05 [0.84, 1.32]        |
| Van den Berghe 2006 #248 | 42/595            | (7%)         | 48/605               | (8%)         | 17.8%  | 0.88 [0.57, 1.36]        |
| Van den Berghe 2001 #246 | 32/765            | (4%)         | 61/783               | (8%)         | 17.5%  | 0.52 [0.33, 0.8]         |
| Umpierrez 2015 #4104     | 0/151             | (0%)         | 1/151                | (1%)         | 0.9%   | 0.33 [0.01, 8.19]        |
| <b>Pooled Estimate</b>   | <b>656/6,251</b>  | <b>(10%)</b> | <b>691/6,253</b>     | <b>(11%)</b> |        | <b>0.75 [0.55, 1.03]</b> |

*Mantel-Haenszel, DerSimonian-Laird  
Random Effects*  
 $p=0.07, z=1.80$   
 $\tau^2=0.09$

*OR: Odds Ratio  
CI: Confidence Interval*

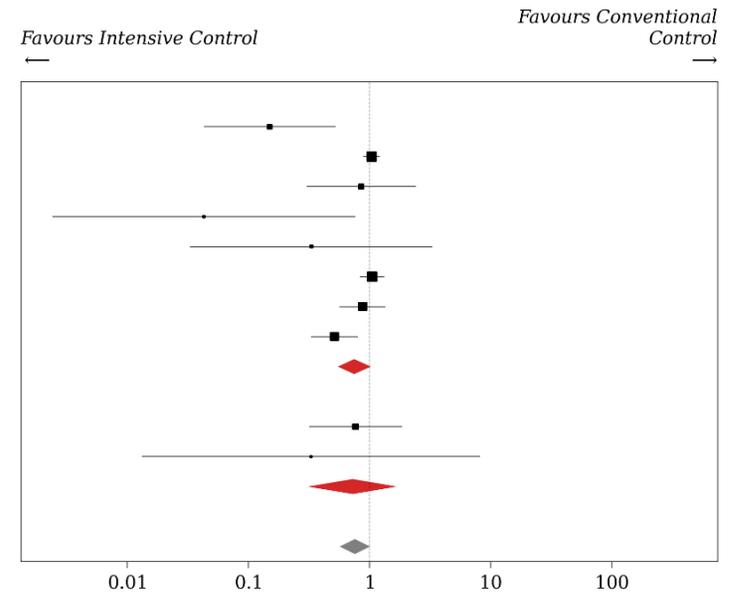


**Bacteremia**

| Study                       | Intensive Control | (%)          | Conventional Control | (%)          | Weight | OR [95% CI]              |
|-----------------------------|-------------------|--------------|----------------------|--------------|--------|--------------------------|
| <b>mixed ICU</b>            |                   |              |                      |              |        |                          |
| SUGAR Trial 2009 #2680      | 4/32              | (12%)        | 17/35                | (49%)        | 4.5%   | 0.15 [0.04, 0.52]        |
| NICE SUGAR 2009 #3008       | 387/3,014         | (13%)        | 372/3,011            | (12%)        | 24.0%  | 1.05 [0.9, 1.22]         |
| De La Rosa 2008 #3266       | 7/254             | (3%)         | 8/250                | (3%)         | 6.0%   | 0.86 [0.31, 2.4]         |
| Gupta 2020 #2778            | 0/50              | (0%)         | 9/50                 | (18%)        | 1.0%   | 0.04 [0.0, 0.77]         |
| Hsu 2012 #2903              | 1/55              | (2%)         | 3/57                 | (5%)         | 1.5%   | 0.33 [0.03, 3.31]        |
| CGAO-REA 2014 #2452         | 183/1,335         | (14%)        | 172/1,311            | (13%)        | 22.2%  | 1.05 [0.84, 1.32]        |
| Van den Berghe 2006 #248    | 42/595            | (7%)         | 48/605               | (8%)         | 16.3%  | 0.88 [0.57, 1.36]        |
| Van den Berghe 2001 #246    | 32/765            | (4%)         | 61/783               | (8%)         | 16.1%  | 0.52 [0.33, 0.8]         |
| <b>Subgroup Estimate</b>    | <b>656/6,100</b>  | <b>(11%)</b> | <b>690/6,102</b>     | <b>(11%)</b> |        | <b>0.75 [0.55, 1.03]</b> |
| <b>cardiac surgery only</b> |                   |              |                      |              |        |                          |
| Ingels 2006 #2866           | 9/477             | (2%)         | 12/493               | (2%)         | 7.7%   | 0.77 [0.32, 1.85]        |
| Umpierrez 2015 #4104        | 0/151             | (0%)         | 1/151                | (1%)         | 0.8%   | 0.33 [0.01, 8.19]        |
| <b>Subgroup Estimate</b>    | <b>9/628</b>      | <b>(1%)</b>  | <b>13/644</b>        | <b>(2%)</b>  |        | <b>0.73 [0.31, 1.69]</b> |
| <b>Pooled Estimate</b>      |                   |              |                      |              |        | <b>0.76 [0.57, 1.01]</b> |

*Mantel-Haenszel, DerSimonian-Laird  
Random Effects  
Subgroup Effect*  
 $p=0.06, z=1.86$   
 $\tau^2=0.08$   
 $\chi^2=0.01, p=0.94, I^2=0.0\%$

*OR: Odds Ratio  
CI: Confidence Interval*

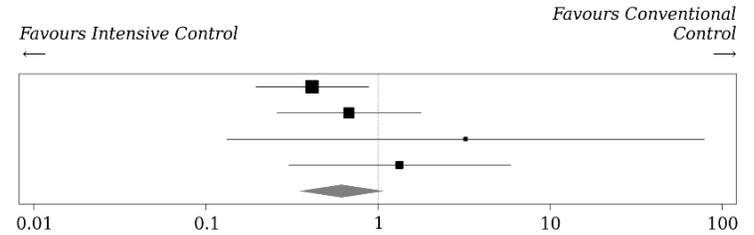


**Surgical site infection [No. of patients] - all groups**

| Study                  | Intensive Control (%) | Conventional Control (%) | Weight                     | RR [95% CI]        |
|------------------------|-----------------------|--------------------------|----------------------------|--------------------|
| Okabayashi 2014 #1121  | 9/222 (4%)            | 22/225 (10%)             | 50.1%                      | 0.41 [0.2, 0.88]   |
| Chan 2009 #4092        | 6/54 (11%)            | 9/55 (16%)               | 32.3%                      | 0.68 [0.26, 1.78]  |
| Desai 2012 #4089       | 1/91 (1%)             | 0/98 (0%)                | 3.2%                       | 3.23 [0.13, 78.26] |
| Umpierrez 2015 #4104   | 4/151 (3%)            | 3/151 (2%)               | 14.4%                      | 1.33 [0.3, 5.86]   |
| <b>Pooled Estimate</b> | 20/518 (4%)           | 34/529 (6%)              | <i>I</i> <sup>2</sup> : 6% | 0.61 [0.35, 1.09]  |

Mantel-Haenszel, DerSimonian-Laird  
Random Effects  
p=0.09, z=1.67  
τ<sup>2</sup>=0.02

RR: Risk Ratio  
CI: Confidence Interval

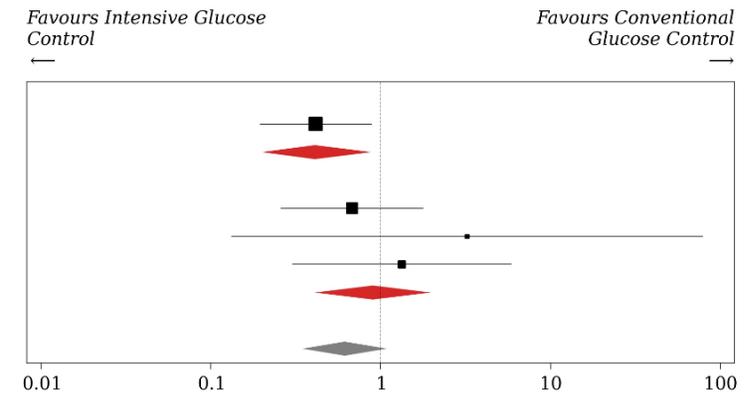


**Surgical site infection [No. of patients]**

| Study                       | Intensive Glucose Control (%) | Conventional Glucose Control (%) | Weight                     | RR [95% CI]        |
|-----------------------------|-------------------------------|----------------------------------|----------------------------|--------------------|
| <b>mixed ICU</b>            |                               |                                  |                            |                    |
| Okabayashi 2014 #1121       | 9/222 (4%)                    | 22/225 (10%)                     | 50.1%                      | 0.41 [0.2, 0.88]   |
| Subgroup Estimate           | 9/222 (4%)                    | 22/225 (10%)                     | <i>I</i> <sup>2</sup> : 0% | 0.41 [0.2, 0.88]   |
| <b>cardiac surgery only</b> |                               |                                  |                            |                    |
| Chan 2009 #4092             | 6/54 (11%)                    | 9/55 (16%)                       | 32.3%                      | 0.68 [0.26, 1.78]  |
| Desai 2012 #4089            | 1/91 (1%)                     | 0/98 (0%)                        | 3.2%                       | 3.23 [0.13, 78.26] |
| Umpierrez 2015 #4104        | 4/151 (3%)                    | 3/151 (2%)                       | 14.4%                      | 1.33 [0.3, 5.86]   |
| Subgroup Estimate           | 11/296 (4%)                   | 12/304 (4%)                      | <i>I</i> <sup>2</sup> : 0% | 0.9 [0.41, 1.97]   |
| <b>Pooled Estimate</b>      |                               |                                  | <i>I</i> <sup>2</sup> : 6% | 0.61 [0.35, 1.09]  |

Mantel-Haenszel, DerSimonian-Laird  
Random Effects  
Subgroup Effect  
p=0.09, z=1.67  
τ<sup>2</sup>=0.02  
χ<sup>2</sup>=1.96, p=0.16, I<sup>2</sup>=49.0%

RR: Risk Ratio  
CI: Confidence Interval

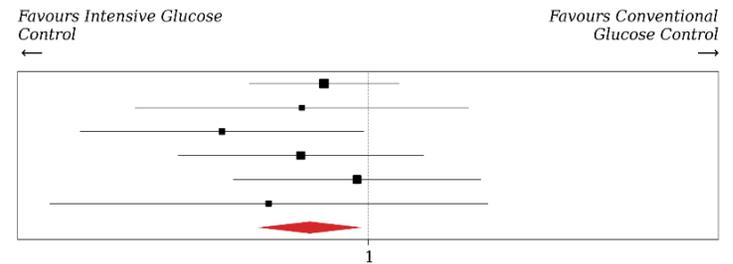


**Unfavorable neurological outcome [based on the GOS/ GOSE]**

| Study                                | Intensive Glucose Control (%) | Conventional Glucose Control (%) | Weight                     | RR [95% CI]       |
|--------------------------------------|-------------------------------|----------------------------------|----------------------------|-------------------|
| Yang 2009 #368 - 6 mos fup           | 83/117 (71%)                  | 90/116 (78%)                     | 27.5%                      | 0.91 [0.79, 1.06] |
| Coester 2010 #4088 - 6 mos fup       | 23/39 (59%)                   | 27/40 (68%)                      | 8.1%                       | 0.87 [0.62, 1.23] |
| Wang 2017 #4097 - 6 mos fup          | 26/44 (59%)                   | 35/44 (80%)                      | 10.6%                      | 0.74 [0.56, 0.99] |
| NICE SUGAR-TBI 2015 #3009 - 2 yr fup | 68/166 (41%)                  | 70/149 (47%)                     | 22.4%                      | 0.87 [0.68, 1.12] |
| Bilotta 2009 #4085 - 6 mos fup       | 72/179 (40%)                  | 72/175 (41%)                     | 22.1%                      | 0.98 [0.76, 1.26] |
| Cinotti 2014 #3416* - 90d fup        | 24/90 (27%)                   | 32/98 (33%)                      | 9.3%                       | 0.82 [0.52, 1.27] |
| <b>Pooled Estimate</b>               | 296/635 (47%)                 | 326/622 (52%)                    | <i>I</i> <sup>2</sup> : 0% | 0.89 [0.8, 0.99]  |

Mantel-Haenszel  
Fixed Effects  
p=0.03, z=2.18

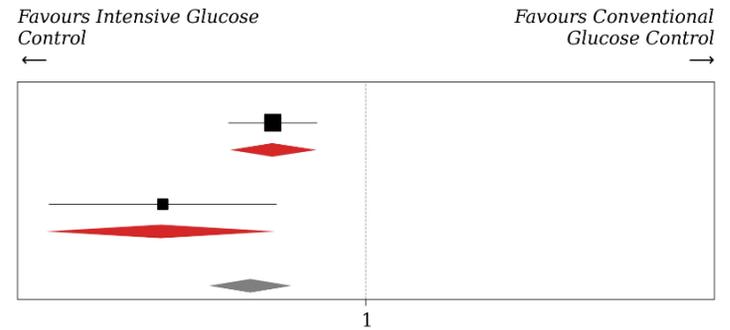
RR: Risk Ratio  
CI: Confidence Interval



Note: Unfavorable neurological outcomes were less frequent in those with intensive glucose control.

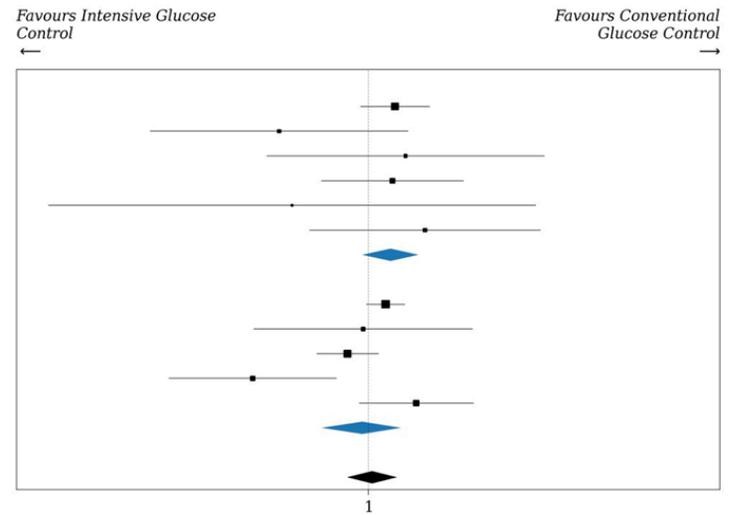
**critical illness polyneuropathy [based on EMG]**

| Study  | Intensive Glucose Control (%)   | Conventional Glucose Control (%) | Weight      | RR [95% CI]   |
|--|---|----------------------------------|-------------|---|
| <b>mixed ICU patients</b>  |   |                                  |             |   |
| Van den Berghe 2001 #246   | 45/157 (29%)  | 107/206 (52%)                    | 73.5%       | 0.55 [0.42, 0.73]   |
| Subgroup Estimate  | 45/157 (29%)  | 107/206 (52%)                    | $I^2: 0\%$  | 0.55 [0.42, 0.73]   |
| <b>cardiac surgery</b>   |   |                                  |             |   |
| Ingels 2006 #2866  | 9/477 (2%)  | 34/493 (7%)                      | 26.5%       | 0.27 [0.13, 0.56]   |
| Subgroup Estimate  | 9/477 (2%)  | 34/493 (7%)                      | $I^2: 0\%$  | 0.27 [0.13, 0.56]   |
| <b>Pooled Estimate</b>   |   |                                  | $I^2: 70\%$ | 0.48 [0.37, 0.62]   |
| <small>Mantel-Haenszel<br/>Fixed Effects<br/>Subgroup Effect</small> | <small><math>p=0.00, z=5.48</math><br/><math>\chi^2=6.05, p=0.01, I^2=83.5\%</math></small> |                                  |             | <small>RR: Risk Ratio<br/>CI: Confidence Interval</small> |

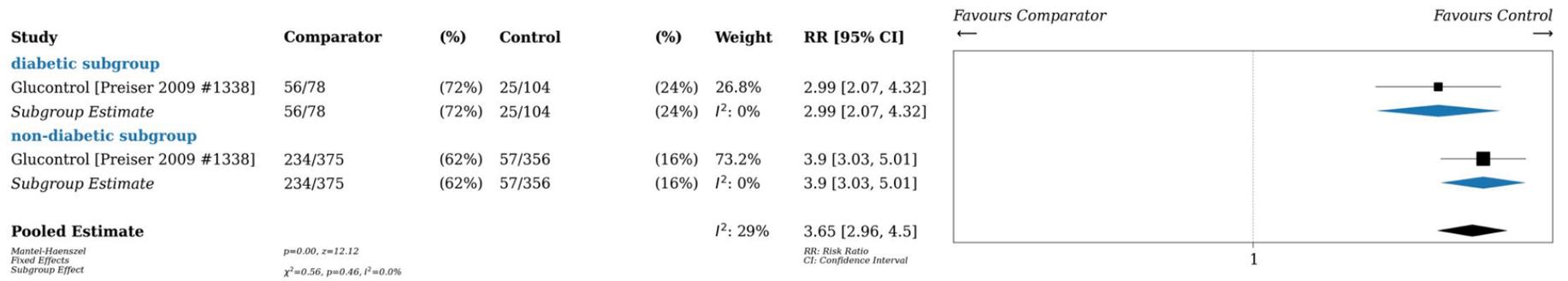


**mortality - DM subgroup analysis - core studies**

| Study  | Intensive Glucose Control (%)   | Conventional Glucose Control (%) | Weight      | RR [95% CI]   |
|--|---|----------------------------------|-------------|---|
| <b>diabetic subgroup</b>   |   |                                  |             |   |
| NICE SUGAR 2009 #3008 - 90d mortality  | 195/615 (32%)   | 165/596 (28%)                    | 17.4%       | 1.15 [0.96, 1.36]   |
| Arabi 2008 #3670 - ICU mortality   | 11/85 (13%)   | 25/123 (20%)                     | 3.3%        | 0.64 [0.33, 1.22]   |
| De La Rosa 2008 #3266 - hospital mortality   | 12/32 (38%)   | 9/29 (31%)                       | 2.9%        | 1.21 [0.6, 2.44]  |
| Van den Berghe 2006 #248 - hospital mortality  | 42/106 (40%)  | 34/97 (35%)                      | 8.4%        | 1.13 [0.79, 1.62]   |
| Van den Berghe 2001 #246 - ICU mortality   | 4/101 (4%)  | 6/103 (6%)                       | 1.0%        | 0.68 [0.2, 2.34]  |
| Glucontrol [Preiser 2009 #1338] - ICU mortality  | 18/78 (23%)   | 18/104 (17%)                     | 4.0%        | 1.33 [0.74, 2.39]   |
| Subgroup Estimate  | 282/1017 (28%)  | 257/1052 (24%)                   | $I^2: 0\%$  | 1.12 [0.97, 1.29]   |
| <b>non-diabetic subgroup</b>   |   |                                  |             |   |
| NICE SUGAR 2009 #3008 - 90d mortality  | 634/2394 (26%)  | 586/2416 (24%)                   | 22.4%       | 1.09 [0.99, 1.2]  |
| Arabi 2008 #3670 - ICU mortality   | 25/181 (14%)  | 19/134 (14%)                     | 4.4%        | 0.97 [0.56, 1.69]   |
| Van den Berghe 2006 #248 - hospital mortality  | 180/489 (37%)   | 208/509 (41%)                    | 18.6%       | 0.9 [0.77, 1.05]  |
| Van den Berghe 2001 #246 - ICU mortality   | 31/664 (5%)   | 57/680 (8%)                      | 6.6%        | 0.56 [0.36, 0.85]   |
| Glucontrol [Preiser 2009 #1338] - ICU mortality  | 86/375 (23%)  | 64/356 (18%)                     | 11.0%       | 1.28 [0.96, 1.7]  |
| Subgroup Estimate  | 956/4103 (23%)  | 934/4095 (23%)                   | $I^2: 72\%$ | 0.97 [0.79, 1.18]   |
| <b>Pooled Estimate</b>   |   |                                  | $I^2: 48\%$ | 1.02 [0.9, 1.16]  |
| <small>Mantel-Haenszel, DerSimonian-Laird<br/>Random Effects<br/>Subgroup Effect</small> | <small><math>p=0.77, z=0.30</math><br/><math>I^2=0.02</math><br/><math>\chi^2=1.33, p=0.25, I^2=24.8\%</math></small> |                                  |             | <small>RR: Risk Ratio<br/>CI: Confidence Interval</small> |



### Hypoglycemia - diabetes subgroup analysis



**SDC 9-2C. Summary of Judgments.** Intensive versus conventional glucose targets in critically ill *adults*

| JUDGEMENT  |                                      |   |  |  |                         |               |                            |
|--|--------------------------------------|---|--|--|-------------------------|---------------|----------------------------|
| <b>PROBLEM</b>                                     | No                                   | Probably no                                   | Probably yes   | <b>Yes</b>                                     |                         | Varies        | Don't know                 |
| <b>DESIRABLE EFFECTS</b>                           | Trivial                              | <b>Small</b>                                  | Moderate   | Large  |                         | Varies        | Don't know                 |
| <b>UNDESIRABLE EFFECTS</b>                         | <b>Large</b>                         | Moderate                                      | Small  | Trivial  |                         | Varies        | Don't know                 |
| <b>CERTAINTY OF EVIDENCE</b>                       | Very low                             | Low   | <b>Moderate</b>  | High   |                         |               | No included studies        |
| <b>VALUES</b>                                      | Important uncertainty or variability | Possibly important uncertainty or variability | Probably no important uncertainty or variability         | <b>No important uncertainty or variability</b> |                         |               |                            |
| <b>BALANCE OF EFFECTS</b>                          | Favors the comparison                | <b>Probably favors the comparison</b>         | Does not favor either the intervention or the comparison | Probably favors the intervention               | Favors the intervention | Varies        | Don't know                 |
| <b>RESOURCES REQUIRED</b>                          | Large costs                          | Moderate costs                                | Negligible costs and savings                             | Moderate savings                               | Large savings           | <b>Varies</b> | Don't know                 |
| <b>CERTAINTY OF EVIDENCE OF REQUIRED RESOURCES</b> | Very low                             | Low   | Moderate   | High   |                         |               | <b>No included studies</b> |
| <b>COST EFFECTIVENESS</b>                          | Favors the comparison                | Probably favors the comparison                | Does not favor either the intervention or the comparison | Probably favors the intervention               | Favors the intervention | <b>Varies</b> | No included studies        |
| <b>EQUITY</b>                                      | Reduced                              | Probably reduced                              | Probably no impact                                       | Probably increased                             | Increased               | Varies        | <b>Don't know</b>          |
| <b>ACCEPTABILITY</b>                               | No                                   | Probably no                                   | Probably yes   | Yes  |                         | <b>Varies</b> | Don't know                 |
| <b>FEASIBILITY</b>                                 | No                                   | Probably no                                   | <b>Probably yes</b>                                      | Yes  |                         | Varies        | Don't know                 |

**TYPE OF RECOMMENDATION**

|   |  |   |  |   |
|---|--|---|--|---|
| Strong recommendation against the intervention<br><input type="radio"/> | <b>Conditional recommendation against the intervention</b><br><input checked="" type="radio"/> | Conditional recommendation for either the intervention or the comparison<br><input type="radio"/> | Conditional recommendation for the intervention<br><input type="radio"/> | Strong recommendation for the intervention<br><input type="radio"/> |
|---|--|---|--|---|

**SDC 9-3.** Continuous intravenous insulin infusion versus intermittent subcutaneous insulin in critically ill *adults*

**Question.** In the acute management of hyperglycemia in *adult* critically ill patients for whom insulin therapy is being initiated, should continuous intravenous insulin infusions or intermittent subcutaneous insulin be initiated?

**SDC 9-3A. Evidence Profile.** Continuous intravenous insulin infusion versus intermittent subcutaneous insulin in *adults*

| Certainty assessment  |                       |                           |                      |              |                           |                      | № of patients  |                                   | Effect                     |  | Certainty        | Importance |
|---|-----------------------|---------------------------|----------------------|--------------|---------------------------|----------------------|--|-----------------------------------|----------------------------|--|------------------|------------|
| № of studies  | Study design          | Risk of bias              | Inconsistency        | Indirectness | Imprecision               | Other considerations | continuous IV insulin infusion   | intermittent subcutaneous insulin | Relative (95% CI)          | Absolute (95% CI)                                  |                  |            |
| <b>Hospital mortality</b>   |                       |                           |                      |              |                           |                      |  |                                   |                            |  |                  |            |
| 1   | randomised trials     | not serious               | not serious          | not serious  | very serious <sup>Ⓢ</sup> | none                 | 3/29 (10.3%)   | 1/29 (3.4%)                       | OR 3.23<br>(0.32 to 33.10) | 69 more per 1,000<br>(from 23 fewer to 507 more)   | ⊕⊕○○<br>LOW      | CRITICAL   |
| <b>Mortality</b>  |                       |                           |                      |              |                           |                      |  |                                   |                            |  |                  |            |
| 2   | observational studies | very serious <sup>Ⓢ</sup> | not serious          | not serious  | not serious               | none                 | Two observational studies found <b>no difference</b> in mortality between those who received continuous IV insulin infusion and those who received intermittent subcutaneous insulin (pooled findings: 21 of 193 deaths in the intervention group; 19 of 149 deaths in the comparison group).  |                                   |                            | ⊕○○○<br>VERY LOW                                   | CRITICAL         |            |
| <b>ICU length of stay</b>   |                       |                           |                      |              |                           |                      |  |                                   |                            |  |                  |            |
| 2   | randomised trials     | not serious               | not serious          | not serious  | very serious <sup>Ⓢ</sup> | none                 | Two RCTs with modest sample sizes (54 and 111 respectively) found <b>no difference</b> in ICU length of stay. In one trial (Aron 2013), mean ICU length of stays were 2 days in the continuous IV insulin group and 3 days in the intermittent subcutaneous insulin group (effect size -1.3, 95% CI -5.9, 3.4). In the other trial (Cavalcani 2009), mean ICU length of stays were 7 days in both groups (no variability metric was reported).   |                                   |                            | ⊕⊕○○<br>LOW  | CRITICAL         |            |
| <b>Hospital length of stay</b>  |                       |                           |                      |              |                           |                      |  |                                   |                            |  |                  |            |
| 1   | randomised trials     | not serious               | not serious          | not serious  | very serious <sup>Ⓢ</sup> | none                 | 26   | 28                                | -                          | effect size 3 days lower<br>(8 lower to 2 higher)  | ⊕⊕○○<br>LOW      | IMPORTANT  |
| <b>Achievement of target glycemic range: Percentage of blood glucose measurements between target range [60 - 140 mg/dL]</b> |                       |                           |                      |              |                           |                      |  |                                   |                            |  |                  |            |
| 1   | randomised trials     | not serious               | not serious          | not serious  | serious                   | none                 | 58<br>(67.9 +/- 20.8%)   | 53<br>(47.1 +/- 30.2%)            | -                          | MD 20.8 % higher<br>(11.07 higher to 30.53 higher) | ⊕⊕⊕○<br>MODERATE | IMPORTANT  |
| <b>Achievement of target glycemic control</b>   |                       |                           |                      |              |                           |                      |  |                                   |                            |  |                  |            |
| 3   | observational studies | very serious <sup>Ⓢ</sup> | serious <sup>Ⓢ</sup> | not serious  | not serious               | none                 | Three observational studies reported percentage of proportion of time with BG within target range. Two retrospective observational studies (Tran 2019; Hunt 2021) reported a <b>higher "percentage of time"</b> BG was controlled within target range in the continuous IV insulin cohort than the intermittent subcutaneous insulin cohort. Conversely, one prospective observational study (De Block 2006) reported <b>no significant difference</b> in the proportion of time BG within the target range between the IV insulin cohort and the subcutaneous insulin cohort. |                                   |                            | ⊕○○○<br>VERY LOW                                   | IMPORTANT        |            |

## Hyperglycemia index: measured by HGI 140 (mg/dL per hour)

|   |                   |             |             |             |         |      |  |  |   |  |   |           |
|---|-------------------|-------------|-------------|-------------|---------|------|--|--|---|--|---|-----------|
| 1 | randomised trials | not serious | not serious | not serious | serious | none | 58<br>(mean 10.5, SD 13.5)<br>Calculated based on reported medians, IQRs | 53<br>(mean 22.8, SD 28.7)<br>Calculated based on reported medians, IQRs | - | MD 12.3 mg/dL per hour lower (20.62 lower to 3.98 lower) | <br>MODERATE | IMPORTANT |
|---|-------------------|-------------|-------------|-------------|---------|------|--|--|---|--|---|-----------|

## Hyperglycemia

|   |                       |                           |             |             |             |      |  |  |  |   |           |
|---|-----------------------|---------------------------|-------------|-------------|-------------|------|--|--|--|---|-----------|
| 3 | observational studies | very serious <sup>c</sup> | not serious | not serious | not serious | none | Three observational studies found less hyperglycemia in the continuous IV insulin cohort. One study (De Block 2006) reported that the percentage time in glycemia > 110 mg/dL was <b>lower</b> in the IV insulin cohort (55 +/- 22%) compared to the subcutaneous insulin cohort (71 +/- 24%; p = 0.02). The same study reported no significant difference in percentage of time in glycemia > 140 or > 200 mg/dL. Another study (Tran 2019) reported that the proportion of BG measurements > 180 mg/dL was <b>lower</b> in the IV insulin cohort (35.8%) than the subcutaneous insulin cohort (52.2%, p < 0.01). Another study (Huntt 2021) also reported that the percentage of time with BG > 180 mg/dL was <b>lower</b> in the IV insulin cohort (36%) compared to the subcutaneous insulin cohort (63%). <b>Given their observational design and high risk of bias due to significant baseline differences between the groups which likely influenced the choice of route of insulin therapy in one of the studies, the certainty in the evidence is very low.</b> |  |  | <br>VERY LOW | IMPORTANT |
|---|-----------------------|---------------------------|-------------|-------------|-------------|------|--|--|--|---|-----------|

## Hypoglycemia episodes

|   |                   |             |             |             |                      |      |  |  |  |   |           |
|---|-------------------|-------------|-------------|-------------|----------------------|------|--|--|--|---|-----------|
| 2 | randomised trials | not serious | not serious | not serious | serious <sup>a</sup> | none | Two RCTs with modest sample sizes (54 and 111 respectively) found higher incidence of hypoglycemic events in the intervention group. One RCT (Aron 2013) defined hypoglycemia as a blood glucose < 3.9 mmol/L (or 70 mg/dL) and reported a total of 23 hypoglycemic episodes among 12 patients in the intervention group, compared with 3 events in an unspecified number of patients in the control group.<br><br>Another RCT (Cavalcanti 2009) defined hypoglycemia as blood glucose < 40 mg/dL and reported 24 episodes of hypoglycemia in the intervention group (Leuven protocol), compared with 2 events in the control group. |  |  | <br>MODERATE | IMPORTANT |
|---|-------------------|-------------|-------------|-------------|----------------------|------|--|--|--|---|-----------|

## Hypoglycemia: Percentage of blood glucose measurements below threshold for hypoglycemia

|   |                       |                           |                      |             |             |      |  |  |  |   |           |
|---|-----------------------|---------------------------|----------------------|-------------|-------------|------|--|--|--|---|-----------|
| 4 | observational studies | very serious <sup>c</sup> | serious <sup>f</sup> | not serious | not serious | none | Two observational studies (Tran 2019; Rabinovich 2020) reported reduced proportion of blood glucose measurements < 70 mg/dL. However, in the study by Tran (2019), the proportion of severe hypoglycemia (BG ≤ 40 mg/dL) was similar between the two groups (0.12% and 0.13%, respectively; p = 0.86).<br><br>Conversely, two observational studies (De Block 2006; Huntt 2021) found no difference percentage of time at in the hypoglycemic range. |  |  | <br>VERY LOW | IMPORTANT |
|---|-----------------------|---------------------------|----------------------|-------------|-------------|------|--|--|--|---|-----------|

**Blood transfusions**

|   |                   |             |             |             |                           |      |    |    |   |   |     |           |
|---|-------------------|-------------|-------------|-------------|---------------------------|------|----|----|---|---|-----|-----------|
| 1 | randomised trials | not serious | not serious | not serious | very serious <sup>a</sup> | none | 29 | 29 | - | effect size 0.13 number of packed RBC units transfused higher (0.39 lower to 0.64 higher) | LOW | IMPORTANT |
|---|-------------------|-------------|-------------|-------------|---------------------------|------|----|----|---|---|-----|-----------|

**Need for renal replacement therapy (assessed with: new hemodialysis)**

|   |                   |             |             |             |                           |      |             |             |                      |   |                  |           |
|---|-------------------|-------------|-------------|-------------|---------------------------|------|-------------|-------------|----------------------|---|------------------|-----------|
| 1 | randomised trials | not serious | not serious | not serious | very serious <sup>a</sup> | none | 2/29 (6.9%) | 1/29 (3.4%) | OR 2.1 (0.2 to 25.0) | 35 more per 1,000 (from 27 fewer to 437 more) | LOW <sup>g</sup> | IMPORTANT |
|---|-------------------|-------------|-------------|-------------|---------------------------|------|-------------|-------------|----------------------|---|------------------|-----------|

**Need for renal replacement therapy (assessed with: CVVH or HD)**

|   |                       |                           |             |             |                      |      |  |  |  |          |           |
|---|-----------------------|---------------------------|-------------|-------------|----------------------|------|--|--|--|----------|-----------|
| 1 | observational studies | very serious <sup>c</sup> | not serious | not serious | serious <sup>e</sup> | none | One prospective observational study (De Block 2006) found higher rate of renal replacement therapy in the continuous IV insulin cohort (9 of 22) compared with the intermittent subcutaneous cohort (2 of 28). However, this observational study had high risk of bias due to significant baseline differences between the two groups and the finding was associated with a wide confidence interval, which may account for the difference found. As such, there is very low certainty in the evidence that IV insulin infusion therapy does not influence the need for renal replacement therapy. |  |  | VERY LOW | IMPORTANT |
|---|-----------------------|---------------------------|-------------|-------------|----------------------|------|--|--|--|----------|-----------|

**Total infections**

|   |                   |             |             |             |                           |      |    |    |   |   |                  |           |
|---|-------------------|-------------|-------------|-------------|---------------------------|------|----|----|---|---|------------------|-----------|
| 1 | randomised trials | not serious | not serious | not serious | very serious <sup>a</sup> | none | 29 | 29 | - | effect size 0.1 infections higher (0.4 lower to 0.6 higher) | LOW <sup>h</sup> | IMPORTANT |
|---|-------------------|-------------|-------------|-------------|---------------------------|------|----|----|---|---|------------------|-----------|

CI: Confidence interval; OR: Odds ratio; MD: Mean difference

**Explanations**

- a. Downgraded for imprecision due to wide confidence interval.  
b. Downgraded for imprecision due to small sample size, not meeting the Optimal Information Size (OIS) criterion.  
c. Downgraded for risk of bias due to significant baseline imbalance between groups in illness severity (De Block et al., 2006) and medical vs. surgical patient populations (Tran 2019).  
d. Downgraded for inconsistency due to high variability in target glycemic range.  
e. Downgraded due to small sample size/ event rates.  
f. Downgraded for inconsistency in reported findings.  
g. The same study (Aron 2013) also reported no difference in rates of acute kidney injury (4 in the intervention group, 3 in the control group).  
h. The same study (Aron 2013) also reported similar rates of bacteremia, line sepsis, wound infections, urinary tract infections, pneumonia, and intra-abdominal infections, although event rates were relatively small for these outcomes (ranging from 0 to 7).

**SDC 9-3B. Summary of Judgments.** Continuous intravenous insulin infusion versus intermittent subcutaneous insulin *adults*

|  | JUDGEMENT                                   |   |   |   |                         |               |                            |
|--|---|---|---|---|-------------------------|---------------|----------------------------|
| <b>PROBLEM</b>                                     | No  | Probably no                                   | Probably yes  | <b>Yes</b>                              |                         | Varies        | Don't know                 |
| <b>DESIRABLE EFFECTS</b>                           | Trivial                                     | <b>Small</b>                                  | Moderate  | Large                                   |                         | Varies        | Don't know                 |
| <b>UNDESIRABLE EFFECTS</b>                         | Large                                       | <b>Moderate</b>                               | Small   | Trivial                                 |                         | Varies        | Don't know                 |
| <b>CERTAINTY OF EVIDENCE</b>                       | <b>Very low</b>                             | Low   | Moderate  | High                                    |                         |               | No included studies        |
| <b>VALUES</b>                                      | <b>Important uncertainty or variability</b> | Possibly important uncertainty or variability | Probably no important uncertainty or variability                | No important uncertainty or variability |                         |               |                            |
| <b>BALANCE OF EFFECTS</b>                          | Favors the comparison                       | Probably favors the comparison                | <b>Does not favor either the intervention or the comparison</b> | Probably favors the intervention        | Favors the intervention | Varies        | Don't know                 |
| <b>RESOURCES REQUIRED</b>                          | Large costs                                 | Moderate costs                                | Negligible costs and savings                                    | Moderate savings                        | Large savings           | <b>Varies</b> | Don't know                 |
| <b>CERTAINTY OF EVIDENCE OF REQUIRED RESOURCES</b> | Very low                                    | Low   | Moderate  | High                                    |                         |               | <b>No included studies</b> |
| <b>COST EFFECTIVENESS</b>                          | Favors the comparison                       | Probably favors the comparison                | Does not favor either the intervention or the comparison        | Probably favors the intervention        | Favors the intervention | Varies        | <b>No included studies</b> |
| <b>EQUITY</b>                                      | Reduced                                     | Probably reduced                              | Probably no impact  | Probably increased                      | Increased               | Varies        | <b>Don't know</b>          |
| <b>ACCEPTABILITY</b>                               | No  | Probably no                                   | Probably yes  | <b>Yes</b>                              |                         | Varies        | Don't know                 |
| <b>FEASIBILITY</b>                                 | No  | Probably no                                   | Probably yes  | <b>Yes</b>                              |                         | Varies        | Don't know                 |

**TYPE OF RECOMMENDATION**

|   |  |   |   |   |
|---|--|---|---|---|
| Strong recommendation against the intervention<br>○ | Conditional recommendation against the intervention<br>○ | Conditional recommendation for either the intervention or the comparison<br>○ | <b>Conditional recommendation for the intervention</b><br>● | Strong recommendation for the intervention<br>○ |
|---|--|---|---|---|

### SDC 9-4. Frequency of blood glucose monitoring in critically ill *adults*

**Question.** In *adult* critically ill patients on insulin infusion therapy, should blood glucose be monitored frequently (interval  $\leq$  1 hour, continuous or near-continuous) or less frequently ( $>$  1 hour) during periods of glycemic instability?

#### SDC 9-4A. Evidence Profile. Frequency of blood glucose monitoring in *adults*

| Certainty assessment                                  |                   |              |                      |                      |                           |                      | No of patients   |                                 | Effect                    |  | Certainty | Importance |
|---|-------------------|--------------|----------------------|----------------------|---------------------------|----------------------|--|---------------------------------|---------------------------|--|-----------|------------|
| No of studies   | Study design      | Risk of bias | Inconsistency        | Indirectness         | Imprecision               | Other considerations | continuous glucose monitoring  | intermittent glucose monitoring | Relative (95% CI)         | Absolute (95% CI)                                  |           |            |
| <b>Hospital or 28-day mortality</b>                   |                   |              |                      |                      |                           |                      |  |                                 |                           |  |           |            |
| 4   | randomised trials | not serious  | not serious          | not serious          | very serious <sup>a</sup> | none                 | 68/231 (29.4%)   | 59/228 (25.9%)                  | RR 1.14<br>(0.83 to 1.57) | 36 more per 1,000<br>(from 44 fewer to 148 more)   | Low       | CRITICAL   |
| <b>ICU mortality</b>                                  |                   |              |                      |                      |                           |                      |  |                                 |                           |  |           |            |
| 4   | randomised trials | not serious  | serious <sup>a</sup> | not serious          | very serious <sup>a</sup> | none                 | 47/254 (18.5%)   | 50/247 (20.2%)                  | RR 1.0<br>(0.54 to 1.85)  | 0 fewer per 1,000<br>(from 93 fewer to 172 more)   | Very low  | CRITICAL   |
| <b>Renal replacement therapy</b>                      |                   |              |                      |                      |                           |                      |  |                                 |                           |  |           |            |
| 2   | randomised trials | not serious  | not serious          | not serious          | very serious <sup>a</sup> | none                 | 9/90 (10.0%)   | 18/89 (20.2%)                   | RR 0.50<br>(0.24 to 1.05) | 82 fewer per 1,000<br>(from 125 fewer to 8 more)   | Low       | CRITICAL   |
| <b>ICU length of stay</b>                             |                   |              |                      |                      |                           |                      |  |                                 |                           |  |           |            |
| 4   | randomised trials | serious      | serious <sup>a</sup> | not serious          | not serious               | none                 | 231  | 228                             | -                         | MD 1.59 days higher<br>(0.3 higher to 2.87 higher) | Low       | CRITICAL   |
| <b>Hospital length of stay</b>                        |                   |              |                      |                      |                           |                      |  |                                 |                           |  |           |            |
| 2   | randomised trials | not serious  | not serious          | not serious          | serious <sup>a</sup>      | none                 | 90   | 89                              | -                         | MD 1.53 days lower<br>(3.17 lower to 6.23 higher)  | Moderate  | IMPORTANT  |
| <b>New infections in ICU</b>                          |                   |              |                      |                      |                           |                      |  |                                 |                           |  |           |            |
| 2   | randomised trials | not serious  | serious <sup>a</sup> | not serious          | not serious               | none                 | Two RCTs (total N = 194) found no difference in the number of new infections in ICU patients (Lu 2018) or surgical site infections in cardiac surgery patients (Punke 2012). |                                 |                           |  | Moderate  | CRITICAL   |
| <b>Frequency of hypoglycemia [number of patients]</b> |                   |              |                      |                      |                           |                      |  |                                 |                           |  |           |            |
| 5   | randomised trials | not serious  | not serious          | serious <sup>a</sup> | not serious               | none                 | 16/270 (5.9%)  | 35/266 (15.0%)                  | RR 0.50<br>(0.29 to 0.85) | 61 fewer per 1,000<br>(from 89 fewer to 17 fewer)  | Moderate  | IMPORTANT  |

**Time within target glucose range [%]**

|   |                   |             |                      |                      |             |      |     |     |   |  |             |           |
|---|-------------------|-------------|----------------------|----------------------|-------------|------|-----|-----|---|--|-------------|-----------|
| 6 | randomised trials | not serious | serious <sup>a</sup> | serious <sup>f</sup> | not serious | none | 295 | 291 | - | MD 5.40 % higher<br>(1.15 lower to 11.95 higher) | ⊕⊕○○<br>Low | IMPORTANT |
|---|-------------------|-------------|----------------------|----------------------|-------------|------|-----|-----|---|--|-------------|-----------|

**Glycemic variability (assessed with: Coefficient of variation [%])**

|   |                   |             |             |             |                      |      |     |     |   |  |                  |           |
|---|-------------------|-------------|-------------|-------------|----------------------|------|-----|-----|---|--|------------------|-----------|
| 3 | randomised trials | not serious | not serious | not serious | serious <sup>c</sup> | none | 129 | 127 | - | MD 1.69 % lower<br>(3.39 lower to 0.01 higher) | ⊕⊕⊕○<br>Moderate | IMPORTANT |
|---|-------------------|-------------|-------------|-------------|----------------------|------|-----|-----|---|--|------------------|-----------|

**Hyperglycemia [time in hyperglycemic range]**

|   |                   |             |                      |                      |             |      |     |     |   |   |             |           |
|---|-------------------|-------------|----------------------|----------------------|-------------|------|-----|-----|---|---|-------------|-----------|
| 3 | randomised trials | not serious | serious <sup>b</sup> | serious <sup>g</sup> | not serious | none | 168 | 167 | - | MD 5.95 % lower<br>(11.3 lower to 0.61 lower) | ⊕⊕○○<br>Low | IMPORTANT |
|---|-------------------|-------------|----------------------|----------------------|-------------|------|-----|-----|---|---|-------------|-----------|

**Blood transfusions**

|   |                   |             |             |             |                           |      |               |               |                           |  |             |           |
|---|-------------------|-------------|-------------|-------------|---------------------------|------|---------------|---------------|---------------------------|--|-------------|-----------|
| 2 | randomised trials | not serious | not serious | not serious | very serious <sup>a</sup> | none | 52/90 (57.8%) | 55/89 (61.8%) | RR 0.93<br>(0.74 to 1.17) | 43 fewer per 1,000<br>(from 161 fewer to 105 more) | ⊕⊕○○<br>Low | IMPORTANT |
|---|-------------------|-------------|-------------|-------------|---------------------------|------|---------------|---------------|---------------------------|--|-------------|-----------|

**Nursing workload**

|   |                   |         |             |             |             |      |   |  |  |                  |           |
|---|-------------------|---------|-------------|-------------|-------------|------|---|--|--|------------------|-----------|
| 1 | randomised trials | serious | not serious | not serious | not serious | none | One trial (Boom 2014) found reduced nursing workload with continuous glucose monitoring (total N = 156). The mean reduction in total nursing workload was 19 minutes per 24 hours or 53% in favour of the intervention group. |  |  | ⊕⊕⊕○<br>Moderate | IMPORTANT |
|---|-------------------|---------|-------------|-------------|-------------|------|---|--|--|------------------|-----------|

CI: confidence interval; MD: mean difference; RR: risk ratio

**Explanations**

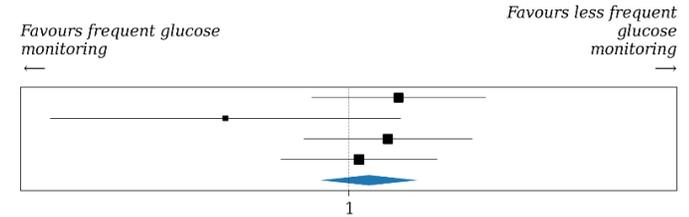
- Rated down by two levels due to very wide confidence interval that crosses no effect.
- Rated down for inconsistency due to high heterogeneity across studies.
- Rated down for imprecision due to wide confidence interval that crosses no effect.
- Rated down for indirectness due to variability in definition of hypoglycemia across studies.
- Rated down for inconsistency due to high variability in target glycemetic range.
- Rated down for indirectness due to variability in target glucose range across studies.
- Rated down for indirectness due to variability in definition of hyperglycemia.

SDC 9-4B. Forest Plots. Frequency of blood glucose monitoring in *adults*

mortality [hospital or 28-day]

| Study                        | frequent glucose monitoring (%) | less frequent glucose monitoring (%) | Weight              | RR [95% CI]       |
|------------------------------|---------------------------------|--------------------------------------|---------------------|-------------------|
| #1302 Lu 2018                | 22/74 (30%)                     | 15/70 (21%)                          | 28.2%               | 1.39 [0.79, 2.45] |
| #2314 DeBlock 2015 [REGIMEN] | 3/16 (19%)                      | 8/19 (42%)                           | 7.5%                | 0.45 [0.14, 1.4]  |
| #2125 Boom 2014 [RESCUE II]  | 22/78 (28%)                     | 17/78 (22%)                          | 30.1%               | 1.29 [0.75, 2.24] |
| #1648 Holzinger 2010         | 21/63 (33%)                     | 19/61 (31%)                          | 34.2%               | 1.07 [0.64, 1.78] |
| <b>Pooled Estimate</b>       | 68/231 (29%)                    | 59/228 (26%)                         | I <sup>2</sup> : 9% | 1.14 [0.83, 1.57] |

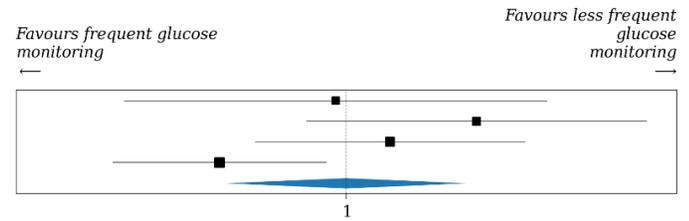
*Mantel-Haenszel, DerSimonian-Laird Random Effects*  
*p=0.42, z=0.81*  
*τ<sup>2</sup>=0.01*  
*RR: Risk Ratio*  
*CI: Confidence Interval*



mortality [ICU]

| Study                       | frequent glucose monitoring (%) | less frequent glucose monitoring (%) | Weight               | RR [95% CI]       |
|-----------------------------|---------------------------------|--------------------------------------|----------------------|-------------------|
| #1302 Lu 2018               | 6/74 (8%)                       | 6/70 (9%)                            | 18.3%                | 0.95 [0.32, 2.79] |
| #499 Preiser 2018           | 12/39 (31%)                     | 6/38 (16%)                           | 22.8%                | 1.95 [0.81, 4.66] |
| #2125 Boom 2014 [RESCUE II] | 15/78 (19%)                     | 12/78 (15%)                          | 27.4%                | 1.25 [0.63, 2.5]  |
| #1648 Holzinger 2010        | 14/63 (22%)                     | 26/61 (43%)                          | 31.5%                | 0.52 [0.3, 0.9]   |
| <b>Pooled Estimate</b>      | 47/254 (19%)                    | 50/247 (20%)                         | I <sup>2</sup> : 61% | 1.0 [0.54, 1.85]  |

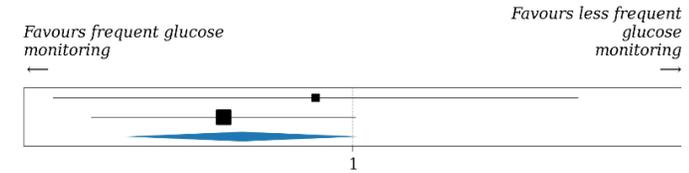
*Mantel-Haenszel, DerSimonian-Laird Random Effects*  
*p=0.99, z=0.01*  
*τ<sup>2</sup>=0.24*  
*RR: Risk Ratio*  
*CI: Confidence Interval*



renal replacement therapy

| Study                        | frequent glucose monitoring (%) | less frequent glucose monitoring (%) | Weight              | RR [95% CI]       |
|------------------------------|---------------------------------|--------------------------------------|---------------------|-------------------|
| #2314 DeBlock 2015 [REGIMEN] | 2/16 (12%)                      | 3/19 (16%)                           | 20.2%               | 0.79 [0.15, 4.17] |
| #1302 Lu 2018                | 7/74 (9%)                       | 15/70 (21%)                          | 79.8%               | 0.44 [0.19, 1.02] |
| <b>Pooled Estimate</b>       | 9/90 (10%)                      | 18/89 (20%)                          | I <sup>2</sup> : 0% | 0.5 [0.24, 1.05]  |

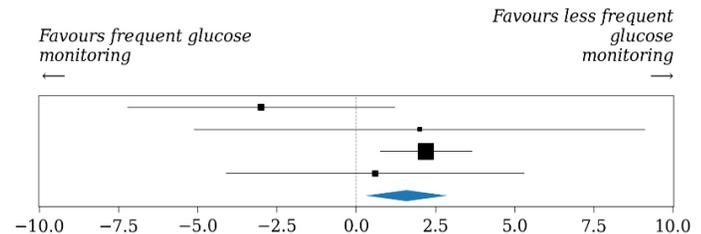
*Mantel-Haenszel, DerSimonian-Laird Random Effects*  
*p=0.07, z=1.84*  
*τ<sup>2</sup>=0.00*  
*RR: Risk Ratio*  
*CI: Confidence Interval*



ICU length of stay

| Study                        | frequent glucose monitoring (N) | less frequent glucose monitoring (N) | Weight               | MD [95% CI]        |
|------------------------------|---------------------------------|--------------------------------------|----------------------|--------------------|
| #1302 Lu 2018                | 17.0 ± 12.1 (74)                | 20.0 ± 13.6 (70)                     | 9.4%                 | -3.0 [-7.21, 1.21] |
| #2314 DeBlock 2015 [REGIMEN] | 18.0 ± 13.0 (16)                | 16.0 ± 7.0 (19)                      | 3.3%                 | 2.0 [-5.11, 9.11]  |
| #2125 Boom 2014 [RESCUE II]  | 6.4 ± 5.6 (78)                  | 4.2 ± 3.3 (78)                       | 79.8%                | 2.2 [0.76, 3.64]   |
| #1648 Holzinger 2010         | 17.4 ± 14.4 (63)                | 16.8 ± 12.2 (61)                     | 7.5%                 | 0.6 [-4.09, 5.29]  |
| <b>Pooled Estimate</b>       |                                 |                                      | I <sup>2</sup> : 45% | 1.59 [0.3, 2.87]   |

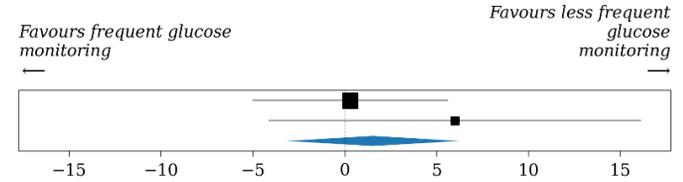
*Inverse Variance Fixed Effects*  
*p=0.02, z=2.41*  
*MD: Mean Difference*  
*CI: Confidence Interval*



### hospital length of stay

| Study                        | frequent glucose monitoring (N) | less frequent glucose monitoring (N) | Weight                   | MD [95% CI]               |
|------------------------------|---------------------------------|--------------------------------------|--------------------------|---------------------------|
| #1302 Lu 2018                | 25 ± 16.6 (74)                  | 24.7 ± 15.9 (70)                     | 78.4%                    | 0.3 [-5.01, 5.61]         |
| #2314 DeBlock 2015 [REGIMEN] | 31 ± 18.0 (16)                  | 25.0 ± 11.0 (19)                     | 21.6%                    | 6.0 [-4.11, 16.11]        |
| <b>Pooled Estimate</b>       |                                 |                                      | <b>I<sup>2</sup>: 0%</b> | <b>1.53 [-3.17, 6.23]</b> |

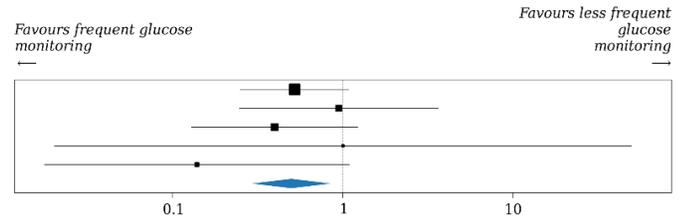
*Inverse Variance Fixed Effects* *p=0.52, z=0.64* *MD: Mean Difference*  
*CI: Confidence Interval*



### incidence of hypoglycemia [no. of patients]

| Study   | frequent glucose monitoring (%) | less frequent glucose monitoring (%) | Weight                   | RR [95% CI]             |
|---|---------------------------------|--------------------------------------|--------------------------|-------------------------|
| #499 Preiser 2018 [ $< 70$ mg/ dL]            | 8/39 (21%)                      | 15/38 (39%)                          | 53.2%                    | 0.52 [0.25, 1.08]       |
| #1302 Lu 2018 [ $< 40$ mg/ dL]                | 4/74 (5%)                       | 4/70 (6%)                            | 15.7%                    | 0.95 [0.25, 3.64]       |
| #2314 DeBlock 2015 [REGIMEN] [ $< 60$ mg/ dL] | 3/16 (19%)                      | 9/19 (47%)                           | 22.6%                    | 0.4 [0.13, 1.22]        |
| #2125 Boom 2014 [RESCUE II] [ $< 40$ mg/ dL]  | 0/78 (0%)                       | 0/78 (0%)                            | 1.9%                     | 1.0 [0.02, 49.78]       |
| #1648 Holzinger 2010 [ $< 40$ mg/ dL]         | 1/63 (2%)                       | 7/61 (11%)                           | 6.7%                     | 0.14 [0.02, 1.09]       |
| <b>Pooled Estimate</b>                        | 16/270 (6%)                     | 35/266 (13%)                         | <b>I<sup>2</sup>: 0%</b> | <b>0.5 [0.29, 0.85]</b> |

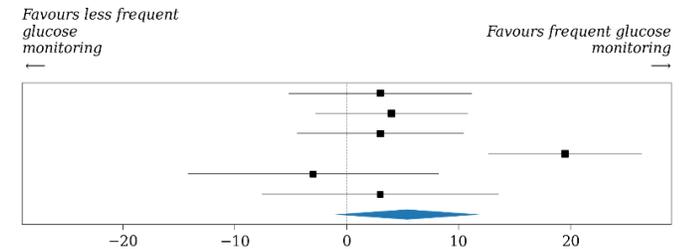
*Mantel-Haenszel, DerSimonian-Laird Random Effects* *p=0.01, z=2.56* *RR: Risk Ratio*  
*CI: Confidence Interval*



### time in target glycemia range

| Study  | frequent glucose monitoring (N) | less frequent glucose monitoring (N) | Weight                    | MD [95% CI]               |
|--|---------------------------------|--------------------------------------|---------------------------|---------------------------|
| #2125 Boom 2014 [RESCUE II] [90-160 mg/ dL]  | 69.0 ± 26.0 (78)                | 66.0 ± 26.0 (78)                     | 17.0%                     | 3.0 [-5.16, 11.16]        |
| #1648 Holzinger 2010 [ $< 110$ mg/ dL]       | 59.0 ± 20.4 (63)                | 55.0 ± 18.0 (61)                     | 18.5%                     | 4.0 [-2.77, 10.77]        |
| #2314 DeBlock 2015 [REGIMEN] [80-110 mg/ dL] | 37.0 ± 12.0 (16)                | 34.0 ± 10.0 (19)                     | 17.8%                     | 3.0 [-4.4, 10.4]          |
| #1302 Lu 2018 [145-180 mg/ dL]               | 49.6 ± 27.8 (74)                | 30.1 ± 11.2 (70)                     | 18.4%                     | 19.5 [12.64, 26.36]       |
| #499 Preiser 2018 [90-150 mg/ dL]            | 70.0 ± 27.0 (39)                | 73.0 ± 23.0 (38)                     | 13.8%                     | -3.0 [-14.19, 8.19]       |
| #485 Punkte 2012 [80-150 mg/ dL]             | 75.0 ± 19.0 (25)                | 72.0 ± 19.0 (25)                     | 14.5%                     | 3.0 [-7.53, 13.53]        |
| <b>Pooled Estimate</b>                       |                                 |                                      | <b>I<sup>2</sup>: 74%</b> | <b>5.4 [-1.15, 11.95]</b> |

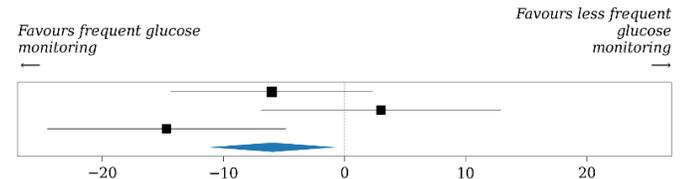
*Inverse Variance, DerSimonian-Laird Random Effects* *p=0.11, z=1.62* *MD: Mean Difference*  
*CI: Confidence Interval*



### time in hyperglycemic range

| Study  | frequent glucose monitoring (N) | less frequent glucose monitoring (N) | Weight                    | MD [95% CI]                 |
|--|---------------------------------|--------------------------------------|---------------------------|-----------------------------|
| #2125 Boom 2014 [RESCUE II] [ $> 160$ mg/ dL]  | 28.0 ± 26 (78)                  | 34 ± 27 (78)                         | 41.3%                     | -6.0 [-14.32, 2.32]         |
| #2314 DeBlock 2015 [REGIMEN] [ $> 150$ mg/ dL] | 20.0 ± 18 (16)                  | 17 ± 10 (19)                         | 29.1%                     | 3.0 [-6.9, 12.9]            |
| #1302 Lu 2018 [ $> 180$ mg/ dL]                | 33.3 ± 33 (74)                  | 48 ± 27 (70)                         | 29.6%                     | -14.7 [-24.53, -4.87]       |
| <b>Pooled Estimate</b>                         |                                 |                                      | <b>I<sup>2</sup>: 68%</b> | <b>-5.95 [-11.3, -0.61]</b> |

*Inverse Variance Fixed Effects* *p=0.03, z=2.18* *MD: Mean Difference*  
*CI: Confidence Interval*

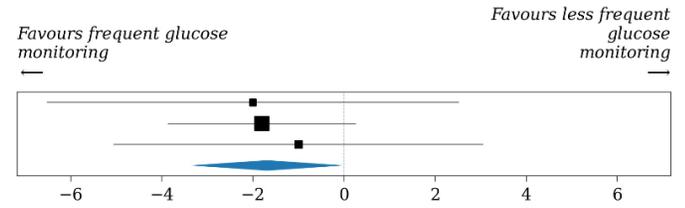


**glycemic variability [coefficient of variation, %]**

| Study                        | frequent glucose monitoring (N) | less frequent glucose monitoring (N) | Weight                   | MD [95% CI]                |
|------------------------------|---------------------------------|--------------------------------------|--------------------------|----------------------------|
| #2314 DeBlock 2015 [REGIMEN] | 25.0 ± 8.0 (16)                 | 27.0 ± 5.0 (19)                      | 14.1%                    | -2.0 [-6.52, 2.52]         |
| #1302 Lu 2018                | 18.1 ± 7.2 (74)                 | 19.9 ± 5.3 (70)                      | 68.3%                    | -1.8 [-3.86, 0.26]         |
| #499 Preiser 2018            | 17.0 ± 8.0 (39)                 | 18.0 ± 10.0 (38)                     | 17.6%                    | -1.0 [-5.05, 3.05]         |
| <b>Pooled Estimate</b>       |                                 |                                      | <b>I<sup>2</sup>: 0%</b> | <b>-1.69 [-3.39, 0.01]</b> |

*Inverse Variance, DerSimonian-Laird Random Effects*  
*p=0.05, z=1.95*  
*τ<sup>2</sup>=0.00*

*MD: Mean Difference*  
*CI: Confidence Interval*

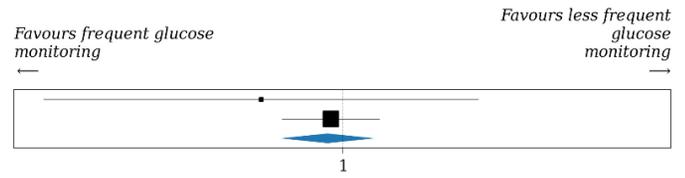


**blood transfusions**

| Study                        | frequent glucose monitoring (%) | less frequent glucose monitoring (%) | Weight                   | RR [95% CI]              |
|------------------------------|---------------------------------|--------------------------------------|--------------------------|--------------------------|
| #2314 DeBlock 2015 [REGIMEN] | 4/16 (25%)                      | 7/19 (37%)                           | 4.8%                     | 0.68 [0.24, 1.91]        |
| #1302 Lu 2018                | 48/74 (65%)                     | 48/70 (69%)                          | 95.2%                    | 0.95 [0.75, 1.19]        |
| <b>Pooled Estimate</b>       | 52/90 (58%)                     | 55/89 (62%)                          | <b>I<sup>2</sup>: 0%</b> | <b>0.93 [0.74, 1.17]</b> |

*Mantel-Haenszel, DerSimonian-Laird Random Effects*  
*p=0.53, z=0.62*  
*τ<sup>2</sup>=0.00*

*RR: Risk Ratio*  
*CI: Confidence Interval*



**SDC 9-4C. Summary of Judgements.** Frequency of blood glucose monitoring in *adults*

|  | JUDGEMENT                            |  |   |   |                         |        |                     |
|--|--------------------------------------|--|---|---|-------------------------|--------|---------------------|
| <b>PROBLEM</b>                                     | No                                   | Probably no  | Probably yes  | <b>Yes</b>                              |                         | Varies | Don't know          |
| <b>DESIRABLE EFFECTS</b>                           | Trivial                              | <b>Small</b>   | Moderate  | Large                                   |                         | Varies | Don't know          |
| <b>UNDESIRABLE EFFECTS</b>                         | Large                                | Moderate   | <b>Small</b>  | Trivial                                 |                         | Varies | Don't know          |
| <b>CERTAINTY OF EVIDENCE</b>                       | Very low                             | <b>Low</b>   | Moderate  | High                                    |                         |        | No included studies |
| <b>VALUES</b>                                      | Important uncertainty or variability | <b>Possibly important uncertainty or variability</b> | Probably no important uncertainty or variability                | No important uncertainty or variability |                         |        |                     |
| <b>BALANCE OF EFFECTS</b>                          | Favors the comparison                | Probably favors the comparison                       | Does not favor either the intervention or the comparison        | <b>Probably favors the intervention</b> | Favors the intervention | Varies | Don't know          |
| <b>RESOURCES REQUIRED</b>                          | Large costs                          | Moderate costs                                       | Negligible costs and savings                                    | Moderate savings                        | Large savings           | Varies | <b>Don't know</b>   |
| <b>CERTAINTY OF EVIDENCE OF REQUIRED RESOURCES</b> | <b>Very low</b>                      | Low  | Moderate  | High                                    |                         |        | No included studies |
| <b>COST EFFECTIVENESS</b>                          | Favors the comparison                | Probably favors the comparison                       | <b>Does not favor either the intervention or the comparison</b> | Probably favors the intervention        | Favors the intervention | Varies | No included studies |
| <b>EQUITY</b>                                      | <b>Reduced</b>                       | Probably reduced                                     | Probably no impact  | Probably increased                      | Increased               | Varies | Don't know          |
| <b>ACCEPTABILITY</b>                               | No                                   | Probably no  | <b>Probably yes</b>   | Yes                                     |                         | Varies | Don't know          |
| <b>FEASIBILITY</b>                                 | No                                   | <b>Probably no</b>                                   | Probably yes  | Yes                                     |                         | Varies | Don't know          |

**TYPE OF RECOMMENDATION**

|   |  |   |   |   |
|---|--|---|---|---|
| Strong recommendation against the intervention<br>○ | Conditional recommendation against the intervention<br>○ | Conditional recommendation for either the intervention or the comparison<br>○ | <b>Conditional recommendation for the intervention</b><br>● | Strong recommendation for the intervention<br>○ |
|---|--|---|---|---|

### SDC 9-5. Explicit clinical decision support tool versus conventional care in critically ill *adults*

**Question.** In *adult* critically ill patients on insulin infusion therapy, should an explicit decision support tool be used compared to conventional care for the management of hyperglycemia?

#### SDC 9-5A. Evidence Profile. Explicit clinical decision support tool versus conventional care in *adults*

| Certainty assessment   |                   |                      |                          |              |                           |                      | Nr of patients  |                   | Effect                    |   | Certainty        | Importance |
|--|-------------------|----------------------|--------------------------|--------------|---------------------------|----------------------|---|-------------------|---------------------------|---|------------------|------------|
| Nr of studies  | Study design      | Risk of bias         | Inconsistency            | Indirectness | Imprecision               | Other considerations | explicit decision support tool  | conventional care | Relative (95% CI)         | Absolute (95% CI)                                 |                  |            |
| <b>Hospital mortality</b>  |                   |                      |                          |              |                           |                      |   |                   |                           |   |                  |            |
| 3  | randomised trials | not serious          | not serious <sup>a</sup> | not serious  | serious <sup>b</sup>      | none                 | 91/976 (9.8%)   | 94/974 (10.2%)    | RR 1.16<br>(0.60 to 2.24) | 15 fewer per 1,000<br>(from 39 fewer to 120 more) | ⊕⊕⊕○<br>Moderate | CRITICAL   |
| <b>ICU Mortality</b>   |                   |                      |                          |              |                           |                      |   |                   |                           |   |                  |            |
| 2  | randomised trials | not serious          | not serious              | not serious  | very serious <sup>c</sup> | none                 | 49/926 (5.3%)   | 51/924 (5.5%)     | RR 1.16<br>(0.80 to 1.66) | 9 more per 1,000<br>(from 11 fewer to 36 more)    | ⊕⊕○○<br>Low      | CRITICAL   |
| <b>Quality of life (follow-up: 90 days; assessed with: EuroQoL 5D-3L/ EQ-5D index)</b> |                   |                      |                          |              |                           |                      |   |                   |                           |   |                  |            |
| 1  | randomised trials | serious <sup>a</sup> | not serious              | not serious  | serious <sup>a</sup>      | none                 | 777   | 773               | -                         | MD 0<br>(0.015 fewer to 0.015 more)               | ⊕⊕○○<br>Low      | CRITICAL   |
| <b>ICU length of stay</b>  |                   |                      |                          |              |                           |                      |   |                   |                           |   |                  |            |
| 2  | randomised trials | not serious          | not serious              | not serious  | serious <sup>b</sup>      | none                 | 926   | 924               | -                         | MD 0 days<br>(0.28 lower to 0.28 higher)          | ⊕⊕⊕○<br>Moderate | CRITICAL   |
| <b>Hospital length of stay</b>   |                   |                      |                          |              |                           |                      |   |                   |                           |   |                  |            |
| 2  | randomised trials | not serious          | serious <sup>a</sup>     | not serious  | serious <sup>a</sup>      | none                 | 926   | 924               | -                         | MD 1.02 days more<br>(1.76 fewer to 3.81 more)    | ⊕⊕○○<br>Low      | IMPORTANT  |
| <b>New infections (assessed with: number of patients)</b>                              |                   |                      |                          |              |                           |                      |   |                   |                           |   |                  |            |
| 3  | randomised trials | not serious          | not serious              | not serious  | serious <sup>b</sup>      | none                 | Three RCTs evaluated the rates of new infections in the ICU. Dubois et al. (2017) reported no difference in the incidence of new infections in the ICU between those who were managed using an explicit decision support tool (LOGIC-C: 104 of 777, or 13%) and those who were managed using conventional, nurse-directed (Nurse-C: 117 of 773, or 15.14%) among mixed medical-surgical ICU patients. Punke et al. (2012) reported no difference in the rates of surgical site infections between groups among 50 patients after cardiac surgery (numerical data not reported). Zeiloun et al. (2021) reported a slightly lower number of patients in a coronary care unit with infections the use of an explicit decision support tool (6 of 50, or 12%) compared to those without its use (13/50, or 26%; p > 0.05). <b>Use of an explicit decision support tool to manage glycemia in the ICU does not affect rates of new infections.</b> |                   |                           |   | ⊕⊕⊕○<br>Moderate | IMPORTANT  |
| <b>Time to achieve target glycemic control</b>   |                   |                      |                          |              |                           |                      |   |                   |                           |   |                  |            |
| 5  | randomised trials | not serious          | serious <sup>a</sup>     | not serious  | serious <sup>a</sup>      | none                 | 1083  | 1101              | -                         | MD 1.3 hours lower<br>(2.29 lower to 0.30 lower)  | ⊕⊕○○<br>Low      | IMPORTANT  |

## Time within target glycemic range

|    |                   |             |                      |             |             |      |      |      |   |   |   |           |
|----|-------------------|-------------|----------------------|-------------|-------------|------|------|------|---|---|---|-----------|
| 10 | randomised trials | not serious | serious <sup>f</sup> | not serious | not serious | none | 1214 | 1230 | - | MD 13.95 % higher (8.85 higher to 19.06 higher) | <br>Moderate | IMPORTANT |
|----|-------------------|-------------|----------------------|-------------|-------------|------|------|------|---|---|---|-----------|

## Time above target glycemic range

|   |                   |             |                      |             |             |      |     |     |   |   |   |           |
|---|-------------------|-------------|----------------------|-------------|-------------|------|-----|-----|---|---|---|-----------|
| 5 | randomised trials | not serious | serious <sup>f</sup> | not serious | not serious | none | 106 | 104 | - | MD 12.46% lower (19.11 lower to 5.81 lower) | <br>Moderate | IMPORTANT |
|---|-------------------|-------------|----------------------|-------------|-------------|------|-----|-----|---|---|---|-----------|

## Hyperglycemia index [HGI]

|   |                   |             |                      |             |                      |      |     |     |   |  |  |           |
|---|-------------------|-------------|----------------------|-------------|----------------------|------|-----|-----|---|--|--|-----------|
| 5 | randomised trials | not serious | serious <sup>f</sup> | not serious | serious <sup>a</sup> | none | 967 | 967 | - | MD 2.65 lower (5.17 lower to 0.13 lower) | <br>Low | IMPORTANT |
|---|-------------------|-------------|----------------------|-------------|----------------------|------|-----|-----|---|--|--|-----------|

## HYPOglycemia [number of patients with BG &lt; 60]

|   |                   |             |             |             |                      |      |                |                  |                        |   |   |           |
|---|-------------------|-------------|-------------|-------------|----------------------|------|----------------|------------------|------------------------|---|---|-----------|
| 5 | randomised trials | not serious | not serious | not serious | serious <sup>c</sup> | none | 80/1024 (8.0%) | 109/1020 (11.0%) | RR 0.74 (0.57 to 0.98) | 28 fewer per 1,000 (from 46 fewer to 2 fewer) | <br>Moderate | IMPORTANT |
|---|-------------------|-------------|-------------|-------------|----------------------|------|----------------|------------------|------------------------|---|---|-----------|

## glycemic variability (assessed with various measures as described)

|   |                   |             |                        |             |             |      |  |  |  |   |           |
|---|-------------------|-------------|------------------------|-------------|-------------|------|--|--|--|---|-----------|
| 6 | randomised trials | not serious | serious <sup>d,g</sup> | not serious | not serious | none | Six trials evaluated different measures of glycemic variability using various measures, including the standard deviation of the mean blood glucose (3 studies), the maximum glycemic variability (3 studies), and the glycemic penalty index (2 studies). Among the 6 trials, 4 studies (2,178 patients) reported lower glycemic variability in the intervention group, whereas 2 studies (94 patients), both reporting the standard deviation of the mean blood glucose, found no difference. Use of an explicit clinical decision support tool may lead to lower glycemic variability (moderate certainty evidence). |  |  | <br>Moderate | IMPORTANT |
|---|-------------------|-------------|------------------------|-------------|-------------|------|--|--|--|---|-----------|

CI: confidence interval; MD: mean difference; RR: risk ratio

## Explanations

- Although I2 was high, sensitivity analysis showed the overall certainty would not be different with removal of 2nd study.
- Downgraded for imprecision due to small event rate, not meeting the Optimal Information Size (OIS) criterion.
- Downgraded for imprecision due to wide confidence interval around the point of no effect.
- Downgraded for risk of bias due to inconsistencies in reporting of missing outcome data.
- Downgraded for imprecision due to the upper 95% CI suggesting minimal clinically important difference.
- Downgraded for inconsistency due to high heterogeneity across studies.
- Downgraded for inconsistency in reported findings.

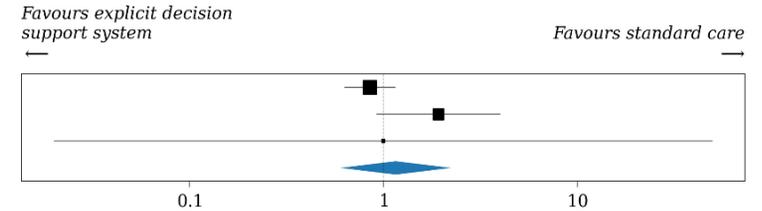
SDC 9-5B. Forest Plots. Explicit clinical decision support tool versus conventional care in adults

**hospital mortality**

| Study                  | explicit decision support system (%) | standard care (%) | Weight                    | RR [95% CI]             |
|------------------------|--------------------------------------|-------------------|---------------------------|-------------------------|
| Dubois 2017 [#1914]    | 72/777 (9%)                          | 84/773 (11%)      | 60.2%                     | 0.85 [0.63, 1.15]       |
| Van Herpe 2013 [#171]  | 19/149 (13%)                         | 10/151 (7%)       | 37.1%                     | 1.93 [0.93, 4.0]        |
| Zeitoun 2021 [#1090]   | 0/50 (0%)                            | 0/50 (0%)         | 2.7%                      | 1.0 [0.02, 49.44]       |
| <b>Pooled Estimate</b> | 91/976 (9%)                          | 94/974 (10%)      | <b>I<sup>2</sup>: 51%</b> | <b>1.16 [0.6, 2.24]</b> |

*Mantel-Haenszel, DerSimonian-Laird Random Effects* *p=0.66, z=0.44* *τ<sup>2</sup>=0.16*

*RR: Risk Ratio*  
*CI: Confidence Interval*

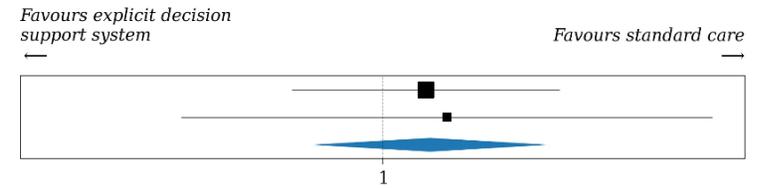


**ICU mortality**

| Study                  | explicit decision support system (%) | standard care (%) | Weight                   | RR [95% CI]             |
|------------------------|--------------------------------------|-------------------|--------------------------|-------------------------|
| Dubois 2017 [#1914]    | 47/777 (6%)                          | 41/773 (5%)       | 79.8%                    | 1.14 [0.76, 1.71]       |
| VanHerpe 2013 [#171]   | 12/149 (8%)                          | 10/151 (7%)       | 20.2%                    | 1.22 [0.54, 2.73]       |
| <b>Pooled Estimate</b> | 59/926 (6%)                          | 51/924 (6%)       | <b>I<sup>2</sup>: 0%</b> | <b>1.16 [0.8, 1.66]</b> |

*Mantel-Haenszel, DerSimonian-Laird Random Effects* *p=0.44, z=0.78* *τ<sup>2</sup>=0.00*

*RR: Risk Ratio*  
*CI: Confidence Interval*

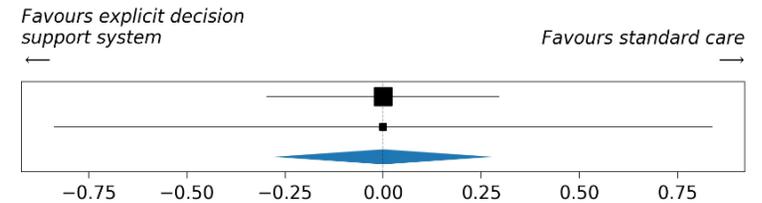


**ICU length of stay**

| Study                  | explicit decision support system (N) | standard care (N) | Weight                   | MD [95% CI]              |
|------------------------|--------------------------------------|-------------------|--------------------------|--------------------------|
| Dubois 2017 [#1914]    | 3.67 ± 2.97 (777)                    | 3.67 ± 2.97 (773) | 88.9%                    | 0.0 [-0.3, 0.3]          |
| VanHerpe 2013 [#171]   | 4.3 ± 3.7 (149)                      | 4.3 ± 3.7 (151)   | 11.1%                    | 0.0 [-0.84, 0.84]        |
| <b>Pooled Estimate</b> |                                      |                   | <b>I<sup>2</sup>: 0%</b> | <b>0.0 [-0.28, 0.28]</b> |

*Inverse Variance, DerSimonian-Laird Random Effects* *p=1.00, z=0.00* *τ<sup>2</sup>=0.00*

*MD: Mean Difference*  
*CI: Confidence Interval*

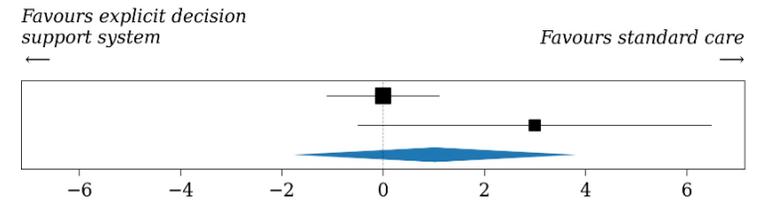


**hospital length of stay**

| Study                  | explicit decision support system (N) | standard care (N) | Weight                    | MD [95% CI]               |
|------------------------|--------------------------------------|-------------------|---------------------------|---------------------------|
| Dubois 2017 [#1914]    | 14.3 ± 11.1 (777)                    | 14.3 ± 11.1 (773) | 65.9%                     | 0.0 [-1.11, 1.11]         |
| VanHerpe 2013 [#171]   | 19.6 ± 17.2 (149)                    | 16.6 ± 13.4 (151) | 34.1%                     | 3.0 [-0.49, 6.49]         |
| <b>Pooled Estimate</b> |                                      |                   | <b>I<sup>2</sup>: 61%</b> | <b>1.02 [-1.76, 3.81]</b> |

*Inverse Variance, DerSimonian-Laird Random Effects* *p=0.47, z=0.72* *τ<sup>2</sup>=2.75*

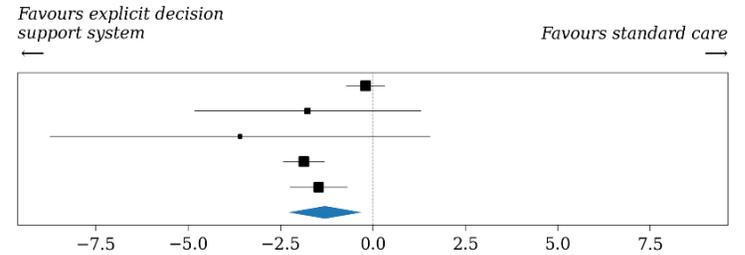
*MD: Mean Difference*  
*CI: Confidence Interval*



**time to achieve glycemic target**

| Study                             | explicit decision support system | (N)   | standard care | (N)   | Weight                    | MD [95% CI]               |
|-----------------------------------|----------------------------------|-------|---------------|-------|---------------------------|---------------------------|
| Dumont 2012 [#1913]               | 3.6 ± 2.3                        | (141) | 3.8 ± 2.3     | (159) | 30.6%                     | -0.2 [-0.72, 0.32]        |
| Cordingly 2009 [#2374] - cohort 1 | 5.98 ± 3.93                      | (10)  | 7.75 ± 3.0    | (10)  | 8.0%                      | -1.77 [-4.83, 1.29]       |
| Cordingly 2009 [#2374] - cohort 2 | 4.28 ± 1.6                       | (6)   | 7.88 ± 7.18   | (8)   | 3.4%                      | -3.6 [-8.74, 1.54]        |
| Dubois 2017 [#1914]               | 2.43 ± 3.79                      | (777) | 4.3 ± 6.91    | (773) | 30.2%                     | -1.87 [-2.43, -1.31]      |
| Van Herpe 2013 [#171]             | 1.9 ± 2.85                       | (149) | 3.37 ± 3.89   | (151) | 27.8%                     | -1.47 [-2.24, -0.7]       |
| <b>Pooled Estimate</b>            |                                  |       |               |       | <b>I<sup>2</sup>: 81%</b> | <b>-1.3 [-2.29, -0.3]</b> |

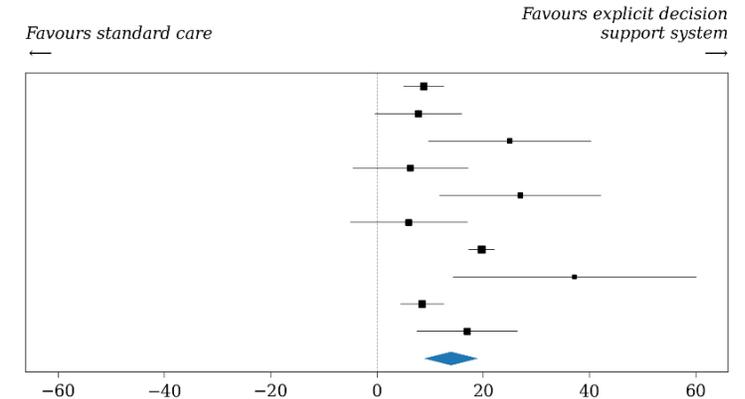
*Inverse Variance, DerSimonian-Laird Random Effects* *p=0.01, z=2.56*  
*τ<sup>2</sup>=0.77*



**time within target range**

| Study                             | explicit decision support system | (N)   | standard care | (N)   | Weight                    | MD [95% CI]                |
|-----------------------------------|----------------------------------|-------|---------------|-------|---------------------------|----------------------------|
| #1913 - Dumont 2012               | 70.4 ± 15.2                      | (141) | 61.6 ± 17.9   | (159) | 14.4%                     | 8.8 [5.05, 12.55]          |
| #2152 - Blaha 2009                | 46.0 ± 18.9                      | (40)  | 38.2 ± 18.3   | (40)  | 11.1%                     | 7.8 [-0.35, 15.95]         |
| #485 - Punke 2012                 | 75.0 ± 19.0                      | (25)  | 50.0 ± 34.0   | (25)  | 6.5%                      | 25.0 [9.73, 40.27]         |
| #2374 - Cordingly 2009 - Cohort 1 | 67.6 ± 10.8                      | (10)  | 61.3 ± 13.7   | (10)  | 9.2%                      | 6.3 [-4.51, 17.11]         |
| #2374 - Cordingly 2009 - Cohort 2 | 58.5 ± 10.0                      | (6)   | 31.5 ± 18.6   | (8)   | 6.6%                      | 27.0 [11.83, 42.17]        |
| #1250 - Mann 2011                 | 47.0 ± 17.0                      | (18)  | 41.0 ± 16.6   | (18)  | 9.1%                      | 6.0 [-4.98, 16.98]         |
| #1914 - Dubois 2017               | 66.4 ± 20.8                      | (777) | 46.7 ± 27.4   | (773) | 15.1%                     | 19.7 [17.28, 22.12]        |
| #1383 - Leelarathna 2013          | 57.0 ± 24.0                      | (12)  | 19.8 ± 32.6   | (12)  | 3.8%                      | 37.2 [14.3, 60.1]          |
| #171 - VanHerpe 2013              | 68.6 ± 16.7                      | (149) | 60.1 ± 18.8   | (151) | 14.2%                     | 8.5 [4.48, 12.52]          |
| #385 - Xu 2017                    | 69.0 ± 15.0                      | (36)  | 52.0 ± 24.0   | (34)  | 10.2%                     | 17.0 [7.56, 26.44]         |
| <b>Pooled Estimate</b>            |                                  |       |               |       | <b>I<sup>2</sup>: 82%</b> | <b>13.95 [8.85, 19.06]</b> |

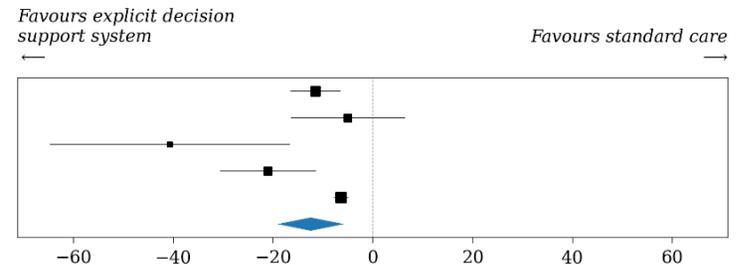
*Inverse Variance, DerSimonian-Laird Random Effects* *p=0.00, z=5.36*  
*τ<sup>2</sup>=43.52*



**time above target glycemic range**

| Study                    | explicit decision support system | (N)  | standard care | (N)  | Weight                    | MD [95% CI]                   |
|--------------------------|----------------------------------|------|---------------|------|---------------------------|-------------------------------|
| #2152 - Blaha 2009       | 1.3 ± 7.6                        | (40) | 12.8 ± 13.93  | (40) | 27.0%                     | -11.5 [-16.42, -6.58]         |
| #1250 - Mann 2011        | 49.0 ± 17.8                      | (18) | 54.0 ± 17.1   | (18) | 16.4%                     | -5.0 [-16.4, 6.4]             |
| #1383 - Leelarathna 2013 | 37.9 ± 23.3                      | (12) | 78.6 ± 35.4   | (12) | 6.2%                      | -40.7 [-64.68, -16.72]        |
| #385 - Xu 2017           | 21.0 ± 14.0                      | (36) | 42.0 ± 25.0   | (34) | 19.1%                     | -21.0 [-30.57, -11.43]        |
| #1090 - Zeitoun 2021     | 7.16 ± 3.88                      | (50) | 13.54 ± 3.0   | (50) | 31.3%                     | -6.38 [-7.74, -5.02]          |
| <b>Pooled Estimate</b>   |                                  |      |               |      | <b>I<sup>2</sup>: 80%</b> | <b>-12.46 [-19.11, -5.81]</b> |

*Inverse Variance, DerSimonian-Laird Random Effects* *p=0.00, z=3.67*  
*τ<sup>2</sup>=36.40*



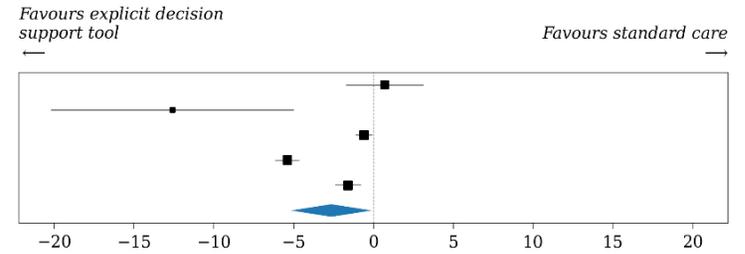
**Hyperglycemia Index [HGI]**

| Study                             | explicit decision support tool | (N)   | standard care | (N)   | Weight                    | MD [95% CI]                 |
|-----------------------------------|--------------------------------|-------|---------------|-------|---------------------------|-----------------------------|
| Cordingly 2009 [#2374] - Cohort 1 | 5.6 ± 2.9                      | (10)  | 4.9 ± 2.6     | (10)  | 20.0%                     | 0.7 [-1.71, 3.11]           |
| Cordingly 2009 [#2374] - Cohort 2 | 9.0 ± 5.4                      | (6)   | 21.6 ± 9.0    | (8)   | 7.6%                      | -12.6 [-20.19, -5.01]       |
| Pachler 2008 [#1053]              | 1.1 ± 0.8                      | (25)  | 1.7 ± 1.0     | (25)  | 24.3%                     | -0.6 [-1.1, -0.1]           |
| Dubois 2017 [#1914]               | 3.9 ± 4.1                      | (777) | 9.3 ± 9.5     | (773) | 24.1%                     | -5.4 [-6.13, -4.67]         |
| VanHerpe 2013 [#171]              | 2.7 ± 2.4                      | (149) | 4.3 ± 4.4     | (151) | 24.0%                     | -1.6 [-2.4, -0.8]           |
| <b>Pooled Estimate</b>            |                                |       |               |       | <b>I<sup>2</sup>: 97%</b> | <b>-2.65 [-5.17, -0.13]</b> |

*Inverse Variance, DerSimonian-Laird  
Random Effects*

*p=0.04, z=2.06  
τ<sup>2</sup>=6.74*

*MD: Mean Difference  
CI: Confidence Interval*



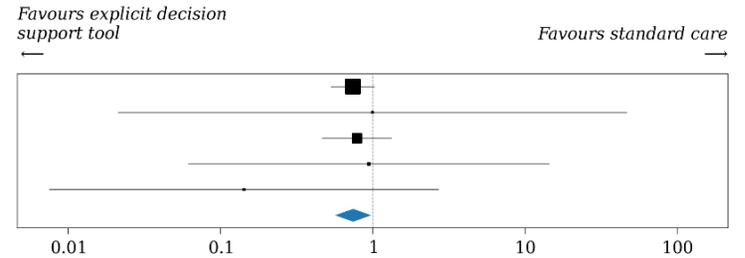
**no. of patients with episodes of hypoglycemia [< 60 mg/dL or 3.3 mmol/L]**

| Study                    | explicit decision support tool | (%)         | standard care    | (%)          | Weight                   | RR [95% CI]              |
|--------------------------|--------------------------------|-------------|------------------|--------------|--------------------------|--------------------------|
| Dubois 2017 [#1914]      | 58/777                         | (7%)        | 78/773           | (10%)        | 70.5%                    | 0.74 [0.53, 1.02]        |
| Leelarithna 2013 [#1383] | 0/12                           | (0%)        | 0/12             | (0%)         | 0.5%                     | 1.0 [0.02, 46.71]        |
| VanHerpe 2013 [#171]     | 21/149                         | (14%)       | 27/151           | (18%)        | 27.2%                    | 0.79 [0.47, 1.33]        |
| Xu 2017 [#385]           | 1/36                           | (3%)        | 1/34             | (3%)         | 1.0%                     | 0.94 [0.06, 14.51]       |
| Zeitoun 2021 [#1090]     | 0/50                           | (0%)        | 3/50             | (6%)         | 0.9%                     | 0.14 [0.01, 2.7]         |
| <b>Pooled Estimate</b>   | <b>80/1,024</b>                | <b>(8%)</b> | <b>109/1,020</b> | <b>(11%)</b> | <b>I<sup>2</sup>: 0%</b> | <b>0.74 [0.57, 0.98]</b> |

*Mantel-Haenszel, DerSimonian-Laird  
Random Effects*

*p=0.03, z=2.12  
τ<sup>2</sup>=0.00*

*RR: Risk Ratio  
CI: Confidence Interval*



**SDC 9-5C. Summary of Judgements.** Explicit clinical decision support tool versus conventional care in *adults*

|   | JUDGEMENT                            |  |  |   |                         |        |                            |
|---|--------------------------------------|--|--|---|-------------------------|--------|----------------------------|
| PROBLEM                                     | No                                   | Probably no  | Probably yes   | <b>Yes</b>                              |                         | Varies | Don't know                 |
| DESIRABLE EFFECTS                           | Trivial                              | <b>Small</b>   | Moderate   | Large                                   |                         | Varies | Don't know                 |
| UNDESIRABLE EFFECTS                         | Large                                | Moderate   | Small  | <b>Trivial</b>                          |                         | Varies | Don't know                 |
| CERTAINTY OF EVIDENCE                       | Very low                             | Low  | <b>Moderate</b>  | High                                    |                         |        | No included studies        |
| VALUES                                      | Important uncertainty or variability | <b>Possibly important uncertainty or variability</b> | Probably no important uncertainty or variability         | No important uncertainty or variability |                         |        |                            |
| BALANCE OF EFFECTS                          | Favors the comparison                | Probably favors the comparison                       | Does not favor either the intervention or the comparison | <b>Probably favors the intervention</b> | Favors the intervention | Varies | Don't know                 |
| RESOURCES REQUIRED                          | Large costs                          | <b>Moderate costs</b>                                | Negligible costs and savings                             | Moderate savings                        | Large savings           | Varies | Don't know                 |
| CERTAINTY OF EVIDENCE OF REQUIRED RESOURCES | Very low                             | Low  | Moderate   | High                                    |                         |        | <b>No included studies</b> |
| COST EFFECTIVENESS                          | Favors the comparison                | Probably favors the comparison                       | Does not favor either the intervention or the comparison | Probably favors the intervention        | Favors the intervention | Varies | <b>No included studies</b> |
| EQUITY                                      | Reduced                              | <b>Probably reduced</b>                              | Probably no impact                                       | Probably increased                      | Increased               | Varies | Don't know                 |
| ACCEPTABILITY                               | No                                   | Probably no  | <b>Probably yes</b>                                      | Yes                                     |                         | Varies | Don't know                 |
| FEASIBILITY                                 | No                                   | Probably no  | <b>Probably yes</b>                                      | Yes                                     |                         | Varies | Don't know                 |

**TYPE OF RECOMMENDATION**

|   |  |   |   |   |
|---|--|---|---|---|
| Strong recommendation against the intervention<br><input type="radio"/> | Conditional recommendation against the intervention<br><input type="radio"/> | Conditional recommendation for either the intervention or the comparison<br><input type="radio"/> | <b>Conditional recommendation for the intervention<br/><input checked="" type="radio"/></b> | Strong recommendation for the intervention<br><input type="radio"/> |
|---|--|---|---|---|

**Supplemental Digital Content 10. Evidence Profiles & Evidence-to-Decision Framework for Critically Ill Children**

## Glycemic Control in Critically Ill Children

**SDC 10-2.** Intensive versus conventional glucose targets in critically ill *children*

**Question.** Should insulin therapy be titrated to achieve intensive glucose levels (INT) (glucose 4.4-7.7 mmol/L or 80-139 mg/dL) or conventional glucose levels (CONV) (7.8-11.1 mmol/L or 140-200 mg/dL) critically ill *children*?

**SDC 10-2A. Evidence Profile.** Intensive versus conventional glucose targets in critically ill *children*

| Certainty assessment   |                   |              |                      |              |                      |                      | № of patients  |                              | Effect                    |   | Certainty    | Importance |
|--|-------------------|--------------|----------------------|--------------|----------------------|----------------------|--|------------------------------|---------------------------|---|--------------|------------|
| № of studies   | Study design      | Risk of bias | Inconsistency        | Indirectness | Imprecision          | Other considerations | intensive glucose control  | conventional glucose control | Relative (95% CI)         | Absolute (95% CI)                                 |              |            |
| <b>Mortality - Pediatric Medical/ Surgical</b>               |                   |              |                      |              |                      |                      |  |                              |                           |   |              |            |
| 2  | randomised trials | not serious  | serious <sup>a</sup> | not serious  | serious <sup>a</sup> | none                 | 49/398 (12.3%)   | 47/486 (9.7%)                | RR 0.88<br>(0.24 to 3.27) | 12 fewer per 1,000<br>(from 73 fewer to 220 more) | ⊕⊕○○<br>Low  | CRITICAL   |
| <b>ICU length of stay - Pediatric Medical/ Surgical</b>      |                   |              |                      |              |                      |                      |  |                              |                           |   |              |            |
| 2  | randomised trials | not serious  | not serious          | not serious  | not serious          | none                 | 273  | 259                          | -                         | MD 1.1 lower<br>(2.09 lower to 0.1 lower)         | ⊕⊕⊕⊕<br>High | CRITICAL   |
| <b>Any infection - Pediatric Medical/ Surgical</b>           |                   |              |                      |              |                      |                      |  |                              |                           |   |              |            |
| 2  | randomised trials | not serious  | serious <sup>b</sup> | not serious  | serious <sup>a</sup> | none                 | 16/398 (4.0%)  | 35/486 (7.2%)                | RR 1.02<br>(0.13 to 8.16) | 1 more per 1,000<br>(from 63 fewer to 516 more)   | ⊕⊕○○<br>Low  | CRITICAL   |
| <b>Neurocognitive outcomes - Pediatric Medical/ Surgical</b> |                   |              |                      |              |                      |                      |  |                              |                           |   |              |            |
| 2  | randomised trials | not serious  | not serious          | not serious  | not serious          | none                 | The HALF-PINT trial (Agus et al., 2017; Biagas et al., 2020) reported greater improvement in the higher glucose target group on psychosocial health at one year follow-up, but no difference in other measures of psychosocial and behavior.<br><br>The CHiP trial (Macrae et al., 2014) reported more favorable scores on a measure of emotional health and behavior in the higher glucose target group at follow-up. |                              |                           | ⊕⊕⊕⊕<br>High                                      | CRITICAL     |            |
| <b>Severe hypoglycemia - Pediatric Medical/ Surgical</b>     |                   |              |                      |              |                      |                      |  |                              |                           |   |              |            |
| 3  | randomised trials | not serious  | not serious          | not serious  | not serious          | none                 | 59/671 (8.8%)  | 27/745 (3.6%)                | RR 2.99<br>(1.91 to 4.67) | 72 more per 1,000<br>(from 33 more to 133 more)   | ⊕⊕⊕⊕<br>High | IMPORTANT  |

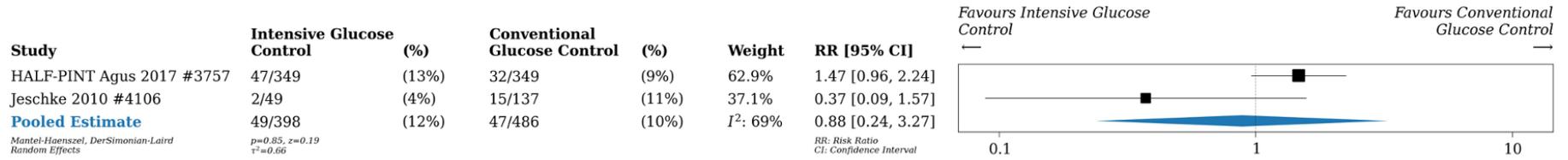
CI: confidence interval; MD: mean difference; RR: risk ratio

## Explanations

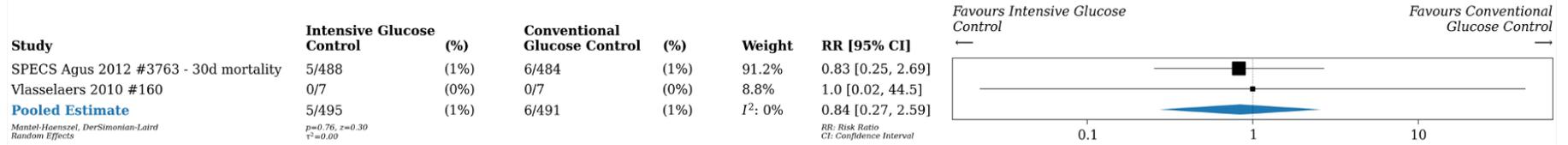
- a. Downgraded for imprecision due to wide confidence interval.  
b. Rated down for inconsistency due to high heterogeneity across studies.

SDC 10-2B. Forest Plots. Intensive versus conventional glucose targets in critically ill *children*

**Mortality - Pediatric Medical/Surgical**



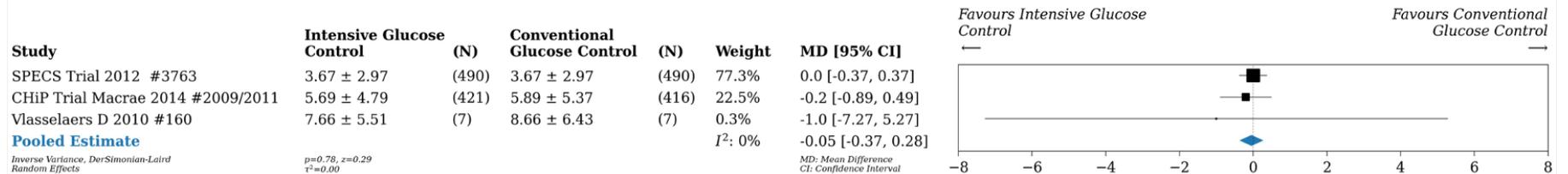
**Mortality - Pediatric Cardiac Surgery**



**ICU length of stay - Pediatric Medical/Surgical**



**ICU length of stay - Pediatric Cardiac Surgery**

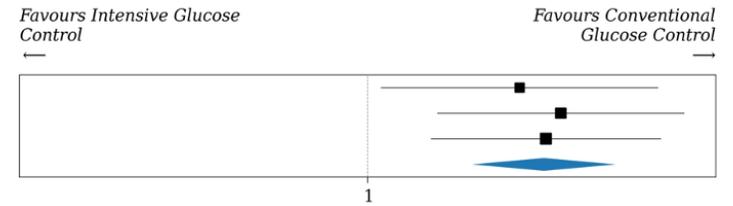


### Severe hypoglycemia - Pediatric Medical/Surgical

| Study                       | Intensive Glucose Control (%) | Conventional Glucose Control (%) | Weight     | RR [95% CI]       |
|-----------------------------|-------------------------------|----------------------------------|------------|-------------------|
| HALF-PINT Agus 2017 #3757   | 18/349 (5%)                   | 7/349 (2%)                       | 26.9%      | 2.57 [1.09, 6.08] |
| CHiP Macrae 2014 #2009/2011 | 28/273 (10%)                  | 8/259 (3%)                       | 33.9%      | 3.32 [1.54, 7.15] |
| Jeschke 2010 #4106          | 13/49 (27%)                   | 12/137 (9%)                      | 39.2%      | 3.03 [1.48, 6.18] |
| <b>Pooled Estimate</b>      | 59/671 (9%)                   | 27/745 (4%)                      | $I^2: 0\%$ | 2.99 [1.91, 4.67] |

*Mantel-Haenszel, DerSimonian-Laird Random Effects*  
 $p=0.00, z=4.81, \tau^2=0.00$

*RR: Risk Ratio  
CI: Confidence Interval*

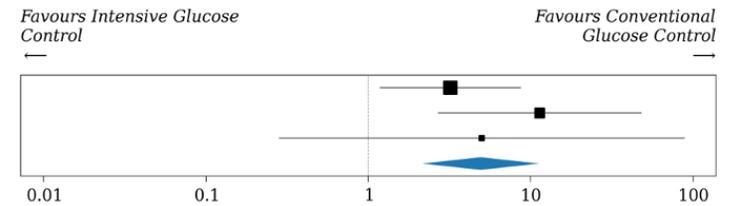


### Severe hypoglycemia - Pediatric Cardiac Surgery

| Study                       | Intensive Glucose Control (%) | Conventional Glucose Control (%) | Weight     | RR [95% CI]        |
|-----------------------------|-------------------------------|----------------------------------|------------|--------------------|
| SPEC Trial 2012 #3763       | 16/490 (3%)                   | 5/490 (1%)                       | 60.7%      | 3.2 [1.18, 8.67]   |
| CHiP Macrae 2014 #2009/2011 | 23/421 (5%)                   | 2/416 (0%)                       | 31.1%      | 11.36 [2.7, 47.89] |
| Vlasselaers 2010 #160       | 2/7 (29%)                     | 0/7 (0%)                         | 8.2%       | 5.0 [0.28, 88.53]  |
| <b>Pooled Estimate</b>      | 41/918 (4%)                   | 7/913 (1%)                       | $I^2: 6\%$ | 4.93 [2.15, 11.3]  |

*Mantel-Haenszel, DerSimonian-Laird Random Effects*  
 $p=0.98, z=0.02, \tau^2=0.04$

*RR: Risk Ratio  
CI: Confidence Interval*

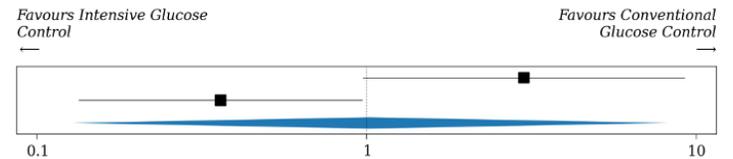


### Any new infections - Pediatric Medical/ Surgical

| Study   | Intensive Glucose Control (%) | Conventional Glucose Control (%) | Weight      | RR [95% CI]       |
|---|-------------------------------|----------------------------------|-------------|-------------------|
| HALF-PINT Agus 2017 #3757 [any new infection] | 12/349 (3%)                   | 4/349 (1%)                       | 49.2%       | 3.0 [0.98, 9.21]  |
| Jeschke 2010 #4106 [sepsis]                   | 4/49 (8%)                     | 31/137 (23%)                     | 50.8%       | 0.36 [0.13, 0.97] |
| <b>Pooled Estimate</b>                        | 16/398 (4%)                   | 35/486 (7%)                      | $I^2: 87\%$ | 1.02 [0.13, 8.16] |

*Mantel-Haenszel, DerSimonian-Laird Random Effects*  
 $p=0.98, z=0.02, \tau^2=1.95$

*RR: Risk Ratio  
CI: Confidence Interval*

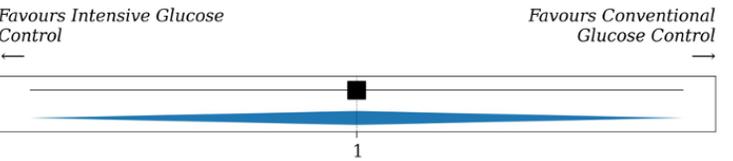


### Infection - Pediatric Cardiac Surgery

| Study                  | Intensive Glucose Control (%) | Conventional Glucose Control (%) | Weight     | RR [95% CI]      |
|------------------------|-------------------------------|----------------------------------|------------|------------------|
| SPECS Trial 2012 #3763 | 24/490 (5%)                   | 24/490 (5%)                      | 100%       | 1.0 [0.58, 1.74] |
| <b>Pooled Estimate</b> | 24/490 (5%)                   | 24/490 (5%)                      | $I^2: 0\%$ | 1.0 [0.58, 1.74] |

*Mantel-Haenszel, DerSimonian-Laird Random Effects*  
 $p=1.00, z=0.00, \tau^2=0.00$

*RR: Risk Ratio  
CI: Confidence Interval*



**SDC 10-2C. Summary of Judgments.** Intensive versus conventional glucose targets in critically ill *children*

|  | JUDGEMENT                            |   |   |   |                         |        |                     |
|--|--------------------------------------|---|---|---|-------------------------|--------|---------------------|
| <b>PROBLEM</b>                                     | No                                   | Probably no                                   | Probably yes  | <b>Yes</b>                              |                         | Varies | Don't know          |
| <b>DESIRABLE EFFECTS</b>                           | <b>Trivial</b>                       | Small   | Moderate  | Large                                   |                         | Varies | Don't know          |
| <b>UNDESIRABLE EFFECTS</b>                         | Large                                | <b>Moderate</b>                               | Small   | Trivial                                 |                         | Varies | Don't know          |
| <b>CERTAINTY OF EVIDENCE</b>                       | Very low                             | Low   | <b>Moderate</b>   | High                                    |                         |        | No included studies |
| <b>VALUES</b>                                      | Important uncertainty or variability | Possibly important uncertainty or variability | <b>Probably no important uncertainty or variability</b>         | No important uncertainty or variability |                         |        |                     |
| <b>BALANCE OF EFFECTS</b>                          | <b>Favors the comparison</b>         | Probably favors the comparison                | Does not favor either the intervention or the comparison        | Probably favors the intervention        | Favors the intervention | Varies | Don't know          |
| <b>RESOURCES REQUIRED</b>                          | Large costs                          | Moderate costs                                | Negligible costs and savings                                    | <b>Moderate savings</b>                 | Large savings           | Varies | Don't know          |
| <b>CERTAINTY OF EVIDENCE OF REQUIRED RESOURCES</b> | <b>Very low</b>                      | Low   | Moderate  | High                                    |                         |        | No included studies |
| <b>COST EFFECTIVENESS</b>                          | Favors the comparison                | Probably favors the comparison                | <b>Does not favor either the intervention or the comparison</b> | Probably favors the intervention        | Favors the intervention | Varies | No included studies |
| <b>EQUITY</b>                                      | Reduced                              | Probably reduced                              | <b>Probably no impact</b>                                       | Probably increased                      | Increased               | Varies | Don't know          |
| <b>ACCEPTABILITY</b>                               | No                                   | Probably no                                   | <b>Probably yes</b>   | Yes                                     |                         | Varies | Don't know          |
| <b>FEASIBILITY</b>                                 | No                                   | Probably no                                   | <b>Probably yes</b>   | Yes                                     |                         | Varies | Don't know          |

**TYPE OF RECOMMENDATION**

|  |  |   |  |   |
|--|--|---|--|---|
| <b>Strong recommendation against the intervention</b><br>● | Conditional recommendation against the intervention<br>○ | Conditional recommendation for either the intervention or the comparison<br>○ | Conditional recommendation for the intervention<br>○ | Strong recommendation for the intervention<br>○ |
|--|--|---|--|---|

**SDC 10-5.** Explicit clinical decision support tool versus conventional care in critically ill *children*

**Question.** In *pediatric* critically ill patients on insulin infusion therapy, should an explicit decision support tool be used compared to conventional care for the management of hyperglycemia?

**SDC 10-5A. Evidence Profile.** Explicit clinical decision support tool versus conventional care in critically ill *children*

| № of studies   | Study design          | Certainty assessment |                      |                      |                      |                      | № of patients  |                   | Effect                     |   | Certainty        | Importance |
|--|-----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|--|-------------------|----------------------------|---|------------------|------------|
|  |                       | Risk of bias         | Inconsistency        | Indirectness         | Imprecision          | Other considerations | an explicit decision support tool for management of glycemia   | conventional care | Relative (95% CI)          | Absolute (95% CI)                                   |                  |            |
| <b>Mortality</b>   |                       |                      |                      |                      |                      |                      |  |                   |                            |   |                  |            |
| 1  | observational studies | not serious          | not serious          | not serious          | serious <sup>a</sup> | none                 | 0/12 (0.0%)  | 9/42 (21.4%)      | RR 0.17<br>(0.01 to 2.79)  | 178 fewer per 1,000<br>(from 212 fewer to 384 more) | ⊕○○○<br>Very low | CRITICAL   |
| <b>Severe hypoglycemia (number of patients)</b>  |                       |                      |                      |                      |                      |                      |  |                   |                            |   |                  |            |
| 1  | observational studies | not serious          | not serious          | serious <sup>b</sup> | not serious          | none                 | 3/12 (25.0%)   | 4/42 (9.5%)       | RR 2.62<br>(0.68 to 10.15) | 154 more per 1,000<br>(from 30 fewer to 871 more)   | ⊕○○○<br>Very low | CRITICAL   |
| <b>Glucose variability index (GVI)</b>   |                       |                      |                      |                      |                      |                      |  |                   |                            |   |                  |            |
| 1  | observational studies | not serious          | serious <sup>b</sup> | not serious          | not serious          | none                 | 14.4   | 18.7              | -                          | MD 4.3 lower<br>(9.37 lower to 0.77 higher)         | ⊕○○○<br>Very low | IMPORTANT  |
| <b>Achievement of target glycemic range (assessed with: % of BG measures in range)</b> |                       |                      |                      |                      |                      |                      |  |                   |                            |   |                  |            |
| 1  | observational studies | not serious          | serious <sup>b</sup> | not serious          | not serious          | none                 | One retrospective observational study (Faraon-Pogaceanu et al., 2010) reported higher time in target glucose range in the e-Protocol group (41%) compared with the paper protocol group (33%). |                   |                            | ⊕○○○<br>Very low                                    | IMPORTANT        |            |

CI: confidence interval; MD: mean difference; RR: risk ratio

## Explanations

a. Downgraded for imprecision due to wide confidence interval.

b. Downgraded for inconsistency due to high variability in target glycemic range.

**SDC 10-5B. Summary of Judgments.** Explicit clinical decision support tool versus conventional care in critically ill *children*

|  | JUDGEMENT                            |   |   |  |                         |        |                            |
|--|--------------------------------------|---|---|--|-------------------------|--------|----------------------------|
| <b>PROBLEM</b>                                     | No                                   | Probably no                                   | Probably yes  | <b>Yes</b>                                     |                         | Varies | Don't know                 |
| <b>DESIRABLE EFFECTS</b>                           | Trivial                              | Small   | Moderate  | Large  |                         | Varies | <b>Don't know</b>          |
| <b>UNDESIRABLE EFFECTS</b>                         | Large                                | Moderate                                      | Small   | <b>Trivial</b>                                 |                         | Varies | Don't know                 |
| <b>CERTAINTY OF EVIDENCE</b>                       | <b>Very low</b>                      | Low   | Moderate  | High   |                         |        | No included studies        |
| <b>VALUES</b>                                      | Important uncertainty or variability | Possibly important uncertainty or variability | Probably no important uncertainty or variability                | <b>No important uncertainty or variability</b> |                         |        |                            |
| <b>BALANCE OF EFFECTS</b>                          | Favors the comparison                | Probably favors the comparison                | <b>Does not favor either the intervention or the comparison</b> | Probably favors the intervention               | Favors the intervention | Varies | Don't know                 |
| <b>RESOURCES REQUIRED</b>                          | Large costs                          | <b>Moderate costs</b>                         | Negligible costs and savings                                    | Moderate savings                               | Large savings           | Varies | Don't know                 |
| <b>CERTAINTY OF EVIDENCE OF REQUIRED RESOURCES</b> | <b>Very low</b>                      | Low   | Moderate  | High   |                         |        | No included studies        |
| <b>COST EFFECTIVENESS</b>                          | Favors the comparison                | Probably favors the comparison                | Does not favor either the intervention or the comparison        | Probably favors the intervention               | Favors the intervention | Varies | <b>No included studies</b> |
| <b>EQUITY</b>                                      | Reduced                              | Probably reduced                              | Probably no impact  | Probably increased                             | Increased               | Varies | <b>Don't know</b>          |
| <b>ACCEPTABILITY</b>                               | No                                   | Probably no                                   | Probably yes  | <b>Yes</b>                                     |                         | Varies | Don't know                 |
| <b>FEASIBILITY</b>                                 | No                                   | Probably no                                   | Probably yes  | <b>Yes</b>                                     |                         | Varies | Don't know                 |

**TYPE OF RECOMMENDATION**

|   |  |   |  |   |
|---|--|---|--|---|
| Strong recommendation against the intervention<br><input type="radio"/> | Conditional recommendation against the intervention<br><input type="radio"/> | Conditional recommendation for either the intervention or the comparison<br><input type="radio"/> | <b>Conditional recommendation for the intervention</b><br><input checked="" type="radio"/> | Strong recommendation for the intervention<br><input type="radio"/> |
|---|--|---|--|---|

